

# CONNECTION

INTERNATIONAL

ASSOCIATION of

HEALTHCARE

PRACTITIONERS®



Volume Five

Summer 2000

## Dr. Upledger Testifies at Government Reform Committee Meeting on Autism

On Thursday, April 6, 2000, Dr. John Upledger joined a panel of congressional delegates, concerned parents and healthcare professionals to debate the topic of autism at a Government Reform Committee meeting of the U.S. House of Representatives. Chaired by Rep. Dan Burton (R-Ind.), the committee heard testimony focusing on concerns regarding immunizations and whether evidence links them to the onset of autism.

"As we learned in our August hearing," Rep.

Burton said, "the rates of autism have escalated dramatically. What used to be considered a rare disorder has become near-epidemic."

Rep. Burton went on to tell the story of his own grandson who was born healthy and progressing normally until he received a routine immunization that contained DTaP, OPV, Haemophilus, Hepatitis B and MMR.

"Over the week and a half after the vaccinations, Christian would stare into space and act like he was deaf," Rep. Burton said. "He

would hit himself and others, which was something he had never done. He would shake his head from side to side as fast as he could. He lost all language."

Unfortunately, the day's testimony demonstrated that what happened to Christian is not an isolated event. Dr. Upledger spoke about the hundreds of autistic children he has evaluated over the years. "Historically, the onset of autistic behaviors is often preceded

*continued on page 13*

## Dolphin Star Christening Launches New Explorations in Healing Potential

More than 300 people gathered in Jupiter Beach, Fla., on Saturday, April 29, to celebrate the christening of the Dolphin Star, a custom-built power catamaran designed for The



To learn about classes aboard the new Dolphin Star, call 1-800-311-9204, ext. 89005.

Upledger Foundation to explore new realms of healing. The boat will be used to study the use of CranioSacral Therapy in close proximity to dolphins.

The 50-foot environment-friendly vessel designed by naval architect John Marples sleeps 12 passengers in six air-conditioned cabins. It's equipped with a full galley, washer/dryer, two complete heads, and a third on-deck hot/cold freshwater shower. A reverse-osmosis water maker produces 500 gallons of fresh water daily. The upper deck provides 600 square feet of space for treatment tables — and spectacular ocean views.

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# The Visceral Manipulation Report

## Jean-Pierre Barral to Present in U.S. at Summer Symposiums and Classes

### Visceral Approach to Trauma and Whiplash

- July 15-17, 2000, in New York, N.Y.
- July 20-22, 2000, in Palm Springs, Calif.

This dynamic three-day course for advanced Visceral Manipulation practitioners will be taught by class co-creators Jean-Pierre Barral, RPT, DO, and Alain Croibier, RPT, DO.

The course begins with an examination of the physical laws of trauma, and it offers a number of innovative techniques for evaluating and alleviating the effects of trauma and whiplash.

#### Course Highlights

Physical Laws of a Trauma Relating to...

- Mechanism of a Trauma
- Collisional Forces
- Notions of Whiplash Injury
- Anatomofunctional Approach of a Trauma on the Skull, Thorax and Abdomen
- Dura Mater Lesions
- Neuromeningeal Dynamism
- Tissular Reactivity to a Trauma
- Emotional Reactivity to a Trauma
- Symptoms Due to a Trauma
- Post-Commotional Syndrome

Evaluation of Trauma and Whiplash Focusing on...

- Prelesional Problems
- Medical and Osteopathic Diagnosis
- Dura Mater Fixation Diagnosis
- Sutural Diagnosis
- Cervicobrachial Tests
- Hip Musculomembranous Tests
- Cranial Manual Differential Diagnosis
- Visceral Manual Diagnosis
- Mediastinum and Pericardium Diagnosis
- Lumbosacral Plexus Tests
- Neck Visceral Fascia Diagnosis

- Pericardium-Liver-Spleen-Left Kidney Particularism

Visceral Techniques for Trauma and Whiplash Involving...

- Cranial Sutures
- Dura Mater
- Longitudinal Sinus Stretching
- Transverse Sinus
- Vertebral Dura Mater
- Cervicobrachial Nerves Stretching
- Sacrococcygeal Joint
- Sacrolumbar Plexus-Sacroiliac Joints
- Neck Manipulations
- Cervical Sympathetic System
- Subclavian and Vertebral Artery



VM Developer  
Jean-Pierre Barral,  
RPT, DO

- Spleen-Left Kidney-Liver

The course offers 18 contact hours.

Prerequisite:  
Advanced Visceral Manipulation

Tuition: \$975 US

Call 1-800-311-9204, ext. 89003, to

## Clinical Symposiums

- July 23, 2000, in Palm Springs, Calif.
- July 30, 2000, in Jupiter, Fla.

Take this opportunity to observe Jean-Pierre Barral as he applies his skills to special cases in two summer symposiums. The full-day events will feature demonstration patients recommended by therapists and, if time permits, audience volunteers.

Would you like to suggest a demo patient? Please forward your written request to The Upledger Institute, Attn: Symposium, at 11211 Prosperity Farms Road, Suite D-325, Palm Beach Gardens, FL 33410-3487. You're also welcome to fax us at 561-622-4771 or e-mail us at [upledger@upledger.com](mailto:upledger@upledger.com).

Please include the date of the symposium, the treatment history of the patient, and the name of the person who will be conducting follow-up therapy. You'll be notified if your case is accepted.

## Internet Directory

### • International Alliance of Healthcare Educators® (IAHE)

Website: [www.iahe.com](http://www.iahe.com)  
E-mail: [iahe@iahe.com](mailto:iahe@iahe.com)

### • The Upledger Institute, Inc.®

Website: [www.upledger.com](http://www.upledger.com)  
E-mail: [upledger@upledger.com](mailto:upledger@upledger.com)

### • International Association of Healthcare Practitioners® (IAHP)

Website: [www.iahp.com](http://www.iahp.com)  
E-mail: [iahp@iahp.com](mailto:iahp@iahp.com)

### • A Travel Concierge, Inc.

Website: [www.tc-travel.com](http://www.tc-travel.com)  
E-mail: [tc-travel@tc-travel.com](mailto:tc-travel@tc-travel.com)

### • American CranioSacral Therapy Association (ACSTA)

Website: [www.acsta.com](http://www.acsta.com)  
E-mail: [acsta@acsta.com](mailto:acsta@acsta.com)



# Face & Body 2000

by Charlene Myers, Show Director, and Melinda Taschetta-Millane, Editor, Skin Inc.® Magazine

## July 30-31, 2000 San Jose McEnergy Convention Center in San Jose, Calif.

Critical information, purchasing power, convenience and service are what the Face & Body 2000 conference is all about, says Marian Raney, publisher of the show's sponsor, Skin Inc.® magazine.

For more than 75 years, cosmetic manufacturers and chemists have relied on

Allured Publishing's books, compendiums, business-to-business publications and conferences to stay successful in a competitive

marketplace. "No other show in the industry has been built on such a solid foundation of research, product development and scientific advancements," Raney says.

## High-Tech Theme and Quality Education

Discover new and advanced products, systems and services while learning about the latest in treatment techniques, hot market trends and new technology-based marketing opportunities. The Face & Body Annual

Business Seminar and Exhibition is unique to the skin care and spa industry, offering quality education and sessions not presented at other industry events.

Educational sessions focus on business aspects of operating a salon or spa, as well as new treatments to expand your business — and your

bottom line. This year's lineup includes:

- 30 general sessions sponsored by Skin Inc.® magazine and presented by well-known industry leaders.
- 40 supplier-sponsored classes featuring products and techniques.
- 16 pre-show and evening workshops designed to help you broaden your services and gain hands-on knowledge while expanding your retail area into a major profit center.

# Face & Body



Complementing the educational program is a two-day exhibition featuring more than 225 booths showcasing the latest in equipment, supplies and services to skin care salons and spas. Exhibiting companies represent the major disciplines of skin care, spa therapy, massage, hair removal, makeup artistry, reflexology, aromatherapy, and other holistic and natural therapies.

## Three Shows in One

For the first time ever, two well-respected industry associations — the prestigious American Aestheticians Education Association (AAEA) and the International Guild of Professional Electrologists (IGPE) — will hold their annual events under the auspices of the Face & Body Annual Business Seminar and Exhibition. Building on the high-tech theme of the Face & Body educational program, the AAEA Annual Educational Congress will focus on medical issues that affect owners and estheticians in their practices.

IGPE, a progressive nonprofit organization, is dedicated to educating its members and other interested industry professionals on the benefits of probe electrolysis. IGPE's Congress 2000 will offer continuing educational units (CEUs) for those attending the congress, and will cover hair removal techniques and technologies surrounding medical conditions and abnormalities.

Both events will be held concurrently at the San Jose McEnergy Convention Center in San Jose, Calif., on July 28-29, 2000. Face & Body 2000 will immediately follow on July 30-31, 2000.

For more information on the Face & Body 2000 Annual Business Seminar and Exhibition, AAEA and IGPE, visit [www.faceandbody.com](http://www.faceandbody.com) and select the Face & Body logo, or call toll-free: 1-888-765-3223. You can also see Skin Inc.® magazine's June issue, the Face & Body Program Resource Guide, for detailed program coverage.

## 2000 UI HealthPlex Clinical Services Intensive Programs

### Brain & Spinal Cord Dysfunction: Improving Structure and Function

Two-Week Program: July 10-21, Aug. 7-18,  
Aug. 21-Sept. 1, Sept. 4-15, Sept. 18-29,  
Oct. 2-13, Nov. 6-17, Nov. 27-Dec. 8, Dec. 11-22

### Therapist Rejuvenation: Replenishment and Renewal

One-Week Program: July 31-Aug. 4,  
Oct. 30-Nov. 4

### Learning-Disabled Children: Facilitating Success

One-Week Program: July 24-28

### Autism: Initiating Developmental Gains

One-Week Program: June 26-30

### Post-Traumatic Stress Disorder:

#### Vietnam Vets

Two-Week Program: Please call for dates.

### Grief & Depression

One-Week Program: Oct. 23-27

### Shared Healing

One-Week Program: Please call for dates.

### Addictive Behaviors

One-Week Program: Oct. 16-20

*Dean P. Chang, CMT, will present "Esthetic Lymph  
Drainage Therapy: Mini Face-Lifting and Total  
Skin Care" at Face & Body 2000.*

*To register or for more information, please call  
Face & Body 2000 at 1-888-765-3223.*

# Alternative Medicine Coverage Gaining Popularity

April 2000 — Organizations have offered Complementary and Alternative Medicine (CAM) benefits for many years, mostly in the form of chiropractic care. But a recent surge in the popularity of alternative medicine has spurred companies to revisit CAM benefits and expand their coverage in other areas.

A recent e-mail survey by the American Compensation Association (ACA) polled nearly 400 organizations on what CAM coverage they provide their employees. It is no surprise that chiropractic care still tops the list and has become fairly commonplace in today's benefits packages. What is interesting is the number of organizations offering other alternative benefits, especially acupressure/acupuncture (16%) and nutritional therapy (13%). Massage therapy also appears to have become popular as well.

According to the survey, 46% of respondents said their employer currently offers some form of CAM benefits. "In today's society, traditional medical care is no longer the 'only' form of medicine. Some organizations are accepting this fact and doing what they can to assist employees who choose to seek alternative forms of treatment to address various healthcare issues," said Leonard Sanicola, project manager for the American Compensation Association.

Other key findings include:

- In the companies with 2,500 to 4,999 employees, nutritional therapy was reported as being provided more than massage therapy and acupressure/acupuncture.
- Employee requests were less of an issue in choosing to offer CAM benefits in the 2,500- to 4,999-employee organizations, while it was of more importance in the other groups.
- If an employer offers CAM benefits through group insurance plans, it is primarily offered through a PPO.
- 91% of survey respondents do not contract directly with any CAM providers.
- 64% of employers reported "not knowing" if there were any cost savings by adding CAM benefits; for those indicating cost savings, 32% have recorded savings through a reduction in the utilization of conventional medical services.
- 55% reported "not knowing" if their employees were satisfied with their level of CAM benefits.

- The primary reason for an employer not providing CAM benefits varied, but the top three after "other" were: increased/expansion of costs without any proven cost savings, lack of availability from insurers, and lack of utilization and cost data to support effectiveness. It is interesting to note that in the 2,500 to 4,999 category, a much higher percentage was reported for "lack of quantifiable cost-savings data" as being the primary reason.

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## Zero Balancing® Association Presents One-Year Certification

by Jim McCormick

Join a diverse group of healthcare practitioners at the leading edge of body/mind training in a year-long program directed toward full certification in Zero Balancing. This in-house designation allows recipients to advertise themselves as Zero Balancers after passing all tests of certification, both written and practical.

If you've taken at least Core ZBI and discovered that you resonated with it, we invite you to explore this fascinating modality in-depth in a dynamic group environment. This program allows you and fellow practitioners to move through the certification program together. You'll also benefit from expert supervision between classes.

The training consists of four ZB classes:

- Core Zero Balancing II – Oct. 25-29, 2000
- Freely Movable Joints – Feb. 7-11, 2000
- Geometry of Healing taught by ZB developer Fritz Smith, MD – May 8-13, 2001
- Final Review Class – Oct. 24-28, 2001

All classes are scheduled to be held in the Boston area, and they're currently planned to be residential. The October 2000 Core class will be held at Friendly Crossways, a lovely rural residential setting known for its fabulous food. Your faculty throughout the

program will be Jim McCormick, Ida Smith, Fritz Smith, MD, and Judith Sullivan Felton, NCTMB, CST-D. Total tuition: \$3,500 U.S.

For an application or more information, please contact the ZBA at 408-476-0665 or Jim McCormick: phone 617-354-8360; fax 617-354-8361; e-mail [jimmcc5@mediaone.net](mailto:jimmcc5@mediaone.net). To register, please call Educational Services toll-free at 1-800-331-9204, ext. 89003.

### Congratulations to the Latest Healthcare Practitioners to Become Certified in ZB:

Patty Atkins, LMT	Sara Miot, MsT
Christone B. Bartasius, PT	Steven T. Moreau, PT
Candy D. Burton, DVM	Mary Catherine Moser, CMT
Terri M. Cohen, LMT	David H. Sanders
Nancy W. Davison	Tamara Scattergood
Michael B. Diamond	Diane Tanner, RN
Jennifer Yanesh Fanning	Georgina Taylor, PTA
Aimee Ferguson	Keith M. Thompson, CNMT
Susan Marie Haris-Geddes	Rita Travis, Reflexologist
Penelope A. Kullaway	Richard Tutoni, CMT
Shirley Lynch, CMT	Kathryn Upton
Laurie Ann Marsh	Louis Wang
Colleen Maurer, LMT	Linda Jo Wobesky, PT
Steven Mayber, Bodyworker	Ken S. Youngberg, CMT
Sandra Jean Mican	



Dear Dr. Chikly,

I'm sure you get many of these letters during the course of a year, but this story really sent me to the top — in more ways than one...

I was doing LDT and integrating it into my practice of therapeutic massage — just doing some face work for the allergy season. To me it was just more of the “routine” procedures.

Then last month an instructor who taught me in massage school called. She had a 48-year-old client that had some physical problems and she was no longer able to help him with massage alone. He came to see me and I was overwhelmed by his condition.

He was paralyzed from the knee down on his right side. The muscle was atrophied and starting to calcify. He had light, spotted feeling in the leg, mostly medial. The great toe was fused and he had lost two metatarsals — they were removed in surgery.

This all started from a sports injury 30 years ago and a scopic surgery “gone bad,” he said. He was on crutches and had been in pain for almost three months.

I did a lower extremities LDT routine on him. It took almost an hour and a half, and it was like working on marble. I heard Alaya's words in my mind: “Everything has a flow.” But there was no movement under the skin and mapping wasn't there.

I worked the good leg first and then the affected one. Once I got the fluid moving,

the mapping took on a very different look. It was going in every direction within just a few inches. There had been four or five surgeries performed on that leg, so I figured the scar tissue was the main cause of the flow going every which way.

After I worked the lower extremities I went on to drain the liver. At that point he made a comment about the horrible taste in his mouth. He reported it tasted like a “rotten leg.” I explained what was happening and gave him a mint. He booked for three days later.

When he came back he didn't park in the handicapped parking. And when he got out of his car he was no longer on crutches. He came into the building and very loudly said, “You healed me.” He reported that, within two days of our first session, the pain went away and he felt better than he had in five years.

The first time I saw him he was talking about amputation and made a comment or two about suicide. Now he sees me twice a week and recommends LDT to everyone he meets. He belongs to pain management support groups and hands out your LDT flyer to anyone in pain.

I wanted to share this experience with you, and let you know how successful a painless procedure can be. Looking forward to the LDT III workshop.

Kind regards,  
Neil Wheatley

## Bruno Chikly Introduces New Lymphedema/CDP Certification Exam

Bruno Chikly, MD (France), developer of Lymph Drainage Therapy, will conduct a new Lymphedema/CDP (Complex Decongestive Physiotherapy) certification course along with Renée Romero, RN, in Boston on Dec. 11-12, 2000.

The first day will consist of lectures and review of advanced bandaging techniques. The second day will be devoted to written, oral and hands-on testing.

“When successfully completed,” Chikly says, “this new certification will show considerable skill in managing lymphedema and related conditions.”



LDT Developer  
Bruno Chikly, MD

The one-hour,  
50-question  
written exam

covers topics such as anatomy, physiology, lymphedema, bandaging, safety and insurance. All material was taken from Lymph Drainage Therapy (LDT) I, II and III courses, study guides, LDT videos and books.

In the hands-on segment, you must be able to bandage both an upper and lower extremity. You must also be able to detect the 1st and 2nd lymphatic rhythms, conduct lymphatic mapping, and answer questions on lymphedema reroutes and theory.

Testing prerequisites: successful completion of LDT I, II, III, and LDT's Bandages, Garments and Tools for Lymphedema Management (LBGT). To maintain certification, you must attend or assist one of the following classes at least once every three years: LDT II, III, Advanced LDT, or LBGT.

Tuition for the new certification course is \$295 U.S. To register, please call Educational Services toll-free at 1-800-311-9204, ext. 89003.

## Beyond the Dura '01

Seventh International Research Conference  
April 25-29, 2001, in Jupiter Beach, Florida



Gain a fresh perspective and renewed vision for your work. Join us for Beyond the Dura '01, featuring leading innovators in the field of complementary care.

### Keynote Speakers

- Gerald Jampolsky, MD, author of *Forgiveness: The Greatest Healer of All*
- Diane Cirincione, PhD  
“Change Your Mind, Change Your Life: Concepts in Attitudinal Healing”

Enjoy numerous presentations, panel discussions, demonstrations and a dinner dance — all at a beach-front resort offering tennis courts, heated pool, fitness center, game room and a variety of water sports.

Register by July 31, 2000  
and Save \$50

Call Today for More Information:  
1-800-311-9204, ext. 89003 (North America)  
561-622-4334, ext. 89003 (Worldwide)

*Proceeds from Beyond the Dura '01 benefit programs sponsored by the nonprofit Upledger Foundation. They include new-therapy development, community-outreach projects and financial assistance for qualified patients.*

# IAHE Course Calendar: July 15, '00-Mar. 31, '01

## CRANIOSACRAL THERAPY I

AK: Anchorage - Oct. 7-10, '00  
 AZ: Tucson - Dec. 14-17, '00  
 CA: Big Sur - Feb. 4-9, '01  
 Fresno - Aug. 24-27, '00  
 Los Angeles - Feb. 1-4, '01  
 Orange County - Nov. 9-12, '00  
 San Diego - July 27-30, '00  
 San Francisco - Sept. 28-Oct. 1, '01  
 San Francisco - Jan. 6-9, '01  
 Santa Barbara - Mar. 29-Apr. 1, '01  
 CO: Boulder - Aug. 17-20, '00  
 Colorado Springs - Oct. 5-8, '00  
 Denver - Feb. 15-18, '01  
 Ft. Collins - Dec. 1-2, 8-9, '00  
 CT: Hartford - Sept. 14-17, '00  
 Hartford - Mar. 22-25, '01  
 DC: Washington - Aug. 10-13, '00  
 Washington - Feb. 1-4, '01  
 FL: Ft. Myers - Oct. 19-22, '00  
 Jacksonville - Sept. 21-24, '00  
 Miami - Feb. 8-11, '01  
 Orlando - Dec. 14-17, '00  
 Palm Beach - Nov. 16-19, '00  
 Pensacola - Oct. 5-8, '00  
 Sarasota - Jan. 11-14, '01  
 HI: The Big Island - Sept. 7-10, '00  
 IA: Des Moines - Mar. 1-4, '01  
 IL: Chicago - Nov. 2-5, '00  
 IN: Indianapolis - Aug. 10-13, '00  
 KS: Wichita - Jan. 6-9, '01  
 MA: Boston - Aug. 5-6, '00  
 Boston - Dec. 7-10, '00  
 MD: Baltimore - Mar. 15-18, '01  
 ME: Portland - Mar. 17-20, '01  
 MI: Detroit - Nov. 9-12, '00  
 Grand Rapids - Aug. 24-27, '00  
 Lansing - Feb. 8-11, '01  
 MN: Minneapolis - Nov. 16-19, '00  
 MO: St. Louis - Jan. 25-28, '01  
 MT: Bozeman - Feb. 8-11, '01  
 Missoula - Nov. 9-12, '00  
 NC: Charlotte - Oct. 12-15, '00  
 Wilmington - Feb. 1-4, '01  
 NE: Omaha - Oct. 12-15, '00  
 NJ: Ft. Lee - Mar. 1-4, '01  
 New Jersey Shore - Oct. 5-8, '00  
 NM: Albuquerque - Feb. 1-4, '01  
 Santa Fe - Sept. 30-Oct. 3, '00  
 NV: Reno - Nov. 2-5, '00  
 NY: Albany - Mar. 8-11, '01  
 Ithaca - Dec. 14-17, '00  
 New York - Oct. 26-29, '00  
 New York - Jan. 11-14, '01  
 Rochester - Sept. 7-10, '00  
 OH: Cincinnati - Jan. 11-14, '01  
 Cleveland - Nov. 16-19, '00  
 Columbus - Sept. 28-Oct. 1, '01  
 Dayton - July 20-23, '00  
 OR: Bend - Sept. 28-Oct. 1, '00  
 Portland - Dec. 7-10, '00

PA: Chambersburg - Oct. 7-10, '00  
 Philadelphia - Jan. 25-28, '01  
 Pittsburgh - Aug. 17-20, '00  
 RI: Providence - Mar. 29-Apr. 1, '01  
 SD: Hot Springs - Oct. 19-22, '00  
 TX: Austin - Sept. 28-Oct. 1, '00  
 Dallas/Ft. Worth - Nov. 9-12, '00  
 Houston - Mar. 8-11, '01  
 San Antonio - Jan. 18-21, '01  
 UT: Salt Lake City - Mar. 8-11, '01  
 VA: Charlottesville - Dec. 7-10, '00  
 VT: Burlington - July 20-23, '00  
 WA: Seattle - Sept. 14-17, '00  
 Seattle - Jan. 18-21, '01  
 WI: Appleton - Dec. 7-10, '00  
 Madison - Feb. 22-25, '01  
 Milwaukee - July 27-30, '00  
 Canada: Calgary - Feb. 22-25, '01  
 Edmonton - Sept. 21-24, '00  
 Halifax - Jan. 25-28, '01  
 London - Oct. 26-29, '00  
 Montreal - Oct. 12-15, '00  
 Toronto - Sept. 7-10, '00  
 Toronto - Dec. 7-10, '00  
 Toronto - Feb. 15-18, '01  
 Vancouver - Nov. 25-28, '00  
 Winnipeg - Oct. 26-29, '00  
 Australia: Sydney - Nov. 4-7, '00

## CRANIOSACRAL THERAPY II

AK: Anchorage - Oct. 12-15, '00  
 CA: Big Sur - Oct. 29-Nov. 3, '00  
 Sacramento - Aug. 17-20, '00  
 San Francisco - Jan. 6-9, '01  
 Santa Barbara - Mar. 29-Apr. 1, '01  
 CO: Denver - Feb. 15-18, '01  
 CT: Hartford - Sept. 14-17, '00  
 FL: Miami - Feb. 8-11, '01  
 Palm Beach - Nov. 16-19, '00  
 GA: Atlanta - Oct. 19-22, '00  
 IA: Des Moines - Mar. 1-4, '01  
 IN: Indianapolis - Aug. 10-13, '00  
 MA: Boston - Dec. 7-10, '00  
 MI: Detroit - Nov. 9-12, '00  
 MN: Minneapolis - Nov. 16-19, '00  
 NC: Charlotte - Oct. 12-15, '00  
 NJ: New Jersey Shore - Mar. 29-Apr. 1, '01  
 NM: Santa Fe - Sept. 30-Oct. 3, '00  
 NY: Ithaca - Dec. 14-17, '00  
 New York - Jan. 11-14, '01  
 Rochester - Sept. 7-10, '00  
 OH: Cincinnati - Jan. 11-14, '01  
 Dayton - July 20-23, '00  
 RI: Providence - Mar. 29-Apr. 1, '01  
 TX: Dallas/Ft. Worth - Nov. 9-12, '00  
 VA: Virginia Beach - Sept. 21-24, '00  
 WA: Seattle - Sept. 14-17, '00  
 Seattle - Jan. 18-21, '01  
 WI: Milwaukee - July 27-30, '00  
 Canada: Calgary - Feb. 22-25, '01  
 Edmonton - Sept. 21-24, '00

Toronto - Dec. 7-10, '00  
 Australia: Sydney - Nov. 4-7, '00  
 New Zealand: Christchurch - Nov. 11-14, '00

## BIOAQUATIC EXPLORATIONS **NEW!**

Please call for dates and locations.

## CRANIOSACRAL DISSECTION **NEW!**

IL: Galena - Jan. 26-28, '01  
 Galena - Mar. 16-18, '01  
 TX: Galveston - Aug. 25-27, '00  
 Galveston - Sept. 15-17, '00  
 Galveston - Nov. 5-5, '00

## INTRODUCTION TO CRANIOSACRAL THERAPY **NEW!**

Shepherd - Aug. 19-20, '00  
 Shepherd - Sept. 23-24, '00  
 Shepherd - Nov. 11-12, '00  
 NM: Albuquerque - Aug. 12-13, '00  
 Albuquerque - Jan. 27-28, '01  
 NY: Rensselaer - Sept. 23-24, '00  
 OR: Eugene - Oct. 28-29, '00

## CLINICAL APPLICATION OF CRANIOSACRAL THERAPY

FL: Palm Beach Gardens - Aug. 21-25, '00

## SOMATOEMOTIONAL RELEASE® I

CA: San Diego - July 27-30, '00  
 San Francisco - Jan. 6-9, '01  
 CO: Boulder - Aug. 17-20, '00  
 CT: Hartford - Mar. 22-25, '01  
 DC: Washington - Aug. 10-13, '00  
 FL: Orlando - Dec. 14-17, '00  
 Palm Beach - Nov. 16-19, '00  
 IL: Chicago - Nov. 2-5, '00  
 NJ: Ft. Lee - Sept. 21-24, '00  
 NY: New York - Oct. 21-24, '00  
 Canada: Edmonton - Mar. 22-25, '01  
 Toronto - Sept. 7-10, '00  
 Vancouver - Nov. 25-28, '00  
 Australia: Sydney - Jan. 10-13, '01

## CLINICAL APPLICATION OF CST & SOMATOEMOTIONAL RELEASE®

FL: Palm Beach Gardens - Aug. 7-11, '00  
 Palm Beach Gardens - Sept. 25-29, '00  
 Palm Beach Gardens - Dec. 4-8, '00

## CRANIOSACRAL THERAPY FOR PEDIATRICS<sup>SM</sup>

AZ: Phoenix - Sept. 28-Oct. 1, '00  
 CA: San Francisco - Feb. 22-25, '01  
 CT: Hartford - Sept. 14-17, '00  
 DC: Washington - Aug. 10-13, '00  
 FL: Palm Beach - July 27-30, '00  
 Palm Beach - Jan. 18-21, '01  
 MI: Lansing - Feb. 8-11, '01  
 TX: Houston - Mar. 8-11, '01  
 UT: Salt Lake City - Mar. 8-11, '01

Canada: Toronto - Feb. 15-18, '01  
 Vancouver - Nov. 25-28, '00

## SOMATOEMOTIONAL RELEASE® II

CA: San Francisco - Oct. 26-29, '00  
 FL: Palm Beach - July 27-30, '00  
 NJ: Ft. Lee - Mar. 1-4, '01  
 NY: New York - Oct. 26-29, '00  
 OH: Columbus - Sept. 28-Oct. 1, '00  
 WA: Seattle - Sept. 14-17, '00  
 Canada: Toronto - Feb. 15-18, '01

## THE BRAIN SPEAKS<sup>SM</sup>

CA: San Francisco - Oct. 26-29, '00  
 FL: Palm Beach - Feb. 8-11, '01

## ADV. I CRANIOSACRAL THERAPY

CA: Big Sur - July 24-28, '00  
 Lucerne Valley - Oct. 2-6, '00  
 FL: Palm Beach - Aug. 14-18, '00  
 Palm Beach - Dec. 3-7, '00  
 IN: Indianapolis - July 17-21, '00  
 Canada: Toronto - Oct. 30-Nov. 3, '00

## CLINICAL APPLICATION OF ADV. CRANIOSACRAL THERAPY

FL: Palm Beach Gardens - Sept. 11-15, '00  
 Palm Beach Gardens - Oct. 9-13, '00

## CRANIOSACRAL THERAPY

### AND THE IMMUNE RESPONSE

FL: Palm Beach - Nov. 30-Dec. 3, '00

## ADV. II CRANIOSACRAL THERAPY

FL: Palm Beach - Sept. 11-15, '00

## THERAPEUTIC IMAGERY & DIALOGUE I

CA: San Francisco - Oct. 27-29, '00  
 FL: Palm Beach - Oct. 6-8, '00

## SHARECARE®

AZ: Phoenix - July 22, '00  
 FL: Ft. Lauderdale - Sept. 9, '00  
 Palm Beach Gardens - July 15, '00  
 Palm Beach Gardens - Oct. 21, '00  
 MA: Bloomsburg - Sept. 9, '00  
 MI: Coldwater - Nov. 11, '00  
 MN: Minneapolis - July 15, '00  
 Minneapolis - Nov. 4, '00  
 NM: Albuquerque - Sept. 2, '00

## VISCERAL MANIPULATION IA

AZ: Tucson - Dec. 14-17, '00  
 CA: Orange County - Nov. 9-12, '00  
 San Francisco - Sept. 28-Oct. 1, '01  
 CO: Boulder - Aug. 17-20, '00  
 CT: Hartford - Mar. 22-25, '01  
 DC: Washington - Aug. 5-8, '00  
 FL: Palm Beach - Jan. 18-21, '01  
 HI: The Big Island - Sept. 7-10, '00  
 IL: Chicago - Nov. 2-5, '00  
 KS: Wichita - Jan. 6-9, '01  
 MA: Boston - Aug. 3-6, '00

### VISCERAL MANIPULATION IA (continued)

ME: Portland - Mar. 15-18, '01  
NM: Albuquerque - Oct. 12-15, '00  
OH: Dayton - July 20-23, '00  
OR: Grants Pass - Oct. 20-23, '00  
PA: Philadelphia - Jan. 25-28, '01  
Canada: Edmonton - Mar. 22-25, '01  
Toronto - Dec. 7-10, '00  
Vancouver - Nov. 25-28, '00

### VISCERAL LISTENING TECHNIQUES

CA: San Francisco - Feb. 23-25, '01  
NM: Albuquerque - Oct. 12-14, '00

### VISCERAL MANIPULATION IB

CA: Big Sur - Nov. 12-17, '00  
San Francisco - Jan. 6-9, '01  
CT: Hartford - Sept. 9-12, '00  
Canada: Edmonton - Sept. 21-24, '00

### VISCERAL MANIPULATION II

MA: Boston - Aug. 3-6, '00  
NM: Albuquerque - Nov. 30-Dec. 3, '00

### PRACTICAL INTEGRATION OF VISCERAL MANIPULATION

CA: San Francisco - Sept. 29-Oct. 1, '00  
FL: Palm Beach - Sept. 9-11, '00  
NM: Albuquerque - Feb. 2-4, '01

### ADV. VISCERAL MANIPULATION

NM: Albuquerque - Nov. 30-Dec. 3, '00

### VISCERAL APPROACH TO TRAUMA AND WHIPLASH

CA: Palm Springs - July 20-22, '00  
NY: New York - July 15-17, '00

### ADV. VISCERAL MANIPULATION II

FL: Palm Beach - July 27-29, '00

### ONE-DAY CLINICAL SYMPOSIUM, JEAN-PIERRE BARRAL, RPT, DO

CA: Palm Springs - July 23, '00  
FL: Palm Beach - July 30, '00

### MECHANICAL LINK<sup>SM</sup> I

CA: San Francisco - Feb. 22-25, '01  
MA: Boston - Feb. 16-19, '01  
Canada: Montreal - Oct. 12-15, '00

### MECHANICAL LINK<sup>SM</sup> II

CA: Palm Springs - July 20-23, '00  
MN: Minneapolis - Oct. 19-22, '00

### ADV. MECHANICAL LINK<sup>SM</sup>

CA: San Francisco - Oct. 26-29, '00

### ESTHETIC LYMPH DRAINAGE THERAPY<sup>SM</sup>

OH: Cincinnati - Aug. 28-30, '00

### LYMPH DRAINAGE THERAPY<sup>SM</sup> I

AZ: Phoenix - Sept. 28-Oct. 1, '00  
CA: Los Angeles - Feb. 1-4, '01  
San Diego - July 27-30, '00  
San Francisco - Jan. 6-9, '01

CT: Hartford - Sept. 9-12, '00  
DC: Washington - Aug. 5-8, '00  
Washington - Feb. 1-4, '01  
FL: Palm Beach - Nov. 30-Dec. 3, '00  
MA: Boston - Feb. 16-19, '01  
MD: Baltimore - Mar. 15-18, '01  
MI: Detroit - Nov. 9-12, '00  
Lansing - Feb. 8-11, '01  
MO: St. Louis - Jan. 25-28, '01  
NM: Albuquerque - Oct. 12-15, '00  
OH: Dayton - July 20-23, '00  
PA: State College - Mar. 1-4, '01  
TX: Austin - Sept. 28-Oct. 1, '00  
Houston - Mar. 8-11, '01  
UT: Salt Lake City - Mar. 8-11, '01  
VT: Burlington - Oct. 5-8, '00  
WA: Seattle - Jan. 18-21, '01  
WI: Appleton - Dec. 7-10, '00  
Madison - Feb. 22-25, '01

### LYMPH DRAINAGE THERAPY<sup>SM</sup> II

CA: Palm Springs - July 20-23, '00  
FL: Palm Beach - Aug. 24-27, '00  
NY: New York - Oct. 21-24, '00  
TX: Dallas/Ft. Worth - Nov. 9-12, '00

### LYMPH DRAINAGE THERAPY<sup>SM</sup> III

FL: Palm Beach - Nov. 30-Dec. 3, '00  
MA: Boston - Aug. 3-6, '00

### HEART-CENTERED THERAPY

FL: Palm Beach - Sept. 7-10, '00

### LDT'S BANDAGES, GARMENTS & TOOLS FOR LYMPHEDEMA MANAGEMENT

MA: Boston - Dec. 7-10, '00

### LYMPHEDEMA/CDP CERTIFICATION **NEW!**

MA: Boston - Dec. 11-12, '00

### NEUROMUSCULAR THERAPY FOR THE POSTERIOR SPINAL MUSCLES

CO: Colorado Springs - Mar. 9-11, '01  
CT: Newington - Sept. 15-17, '00  
FL: Ft. Myers - Sept. 8-10, '00  
Orlando - Aug. 20-22, '00  
Tallahassee - Aug. 25-27, '00  
MN: Minneapolis - Sept. 15-17, '00  
PA: Quakertown - Sept. 8-10, '00  
TN: Nashville - Aug. 18-20, '00  
WA: Seattle - Aug. 18-20, '00  
WI: Appleton - Sept. 8-10, '00

### NEUROMUSCULAR THERAPY FOR THE UPPER EXTREMITY

CT: Newington - Dec. 1-3, '00  
FL: Ft. Myers - Dec. 1-3, '00  
Orlando - Oct. 8-10, '00  
Tallahassee - Nov. 3-5, '00  
MN: Minneapolis - Nov. 3-5, '00  
PA: Erie - Sept. 22-24, '00  
Quakertown - Nov. 10-12, '00  
TN: Nashville - Dec. 1-3, '00  
WA: Seattle - Nov. 10-12, '00

WI: Appleton - Nov. 17-19, '00

### NEUROMUSCULAR THERAPY FOR THE LOWER EXTREMITY

DC: Washington - Aug. 25-27, '00  
FL: Melbourne - Aug. 11-13, '00  
Miami - July 21-23, '00  
Orlando - Dec. 10-12, '00  
St. Petersburg - July 28-30, '00  
MA: Worcester - Aug. 18-20, '00  
MO: St. Louis - Sept. 15-17, '00  
PA: Erie - Dec. 1-3, '00

### NEUROMUSCULAR THERAPY FOR THE CRANIUM & ANTERIOR SPINAL MUSCLES

DC: Washington - Nov. 10-12, '00  
FL: Melbourne - Oct. 20-22, '00  
Miami - Sept. 22-24, '00  
Orlando - Feb. 11-13, '01  
St. Petersburg - Oct. 6-8, '00  
MA: Worcester - Oct. 20-22, '00  
MO: St. Louis - Nov. 17-19, '00

### FELDENKRAIS METHOD<sup>®</sup> FOR CRANIOSACRAL THERAPISTS

FL: Orlando - Mar. 15-18, '01  
Sarasota - Nov. 9-12, '00

### SELF-CORRECTIVE MECHANISMS I: INTRODUCTION TO FELDENKRAIS<sup>®</sup> **NEW!**

Please call for dates and locations.

### SELF-CORRECTIVE MECHANISMS II: POSTURAL ORGANIZATION **NEW!**

CA: Laguna Beach - Sept. 21-24, '00

### SELF-CORRECTIVE MECHANISMS III: SPINAL MOBILIZATION **NEW!**

CA: Laguna Beach - Nov. 2-5, '00

### SELF-CORRECTIVE MECHANISMS IV: FELDENKRAIS<sup>®</sup> AND CRANIOSACRAL THERAPY **NEW!**

CA: Laguna Beach - Jan. 18-21, '01

### SELF-CORRECTIVE MECHANISMS V: FELDENKRAIS<sup>®</sup> AND DEVELOPMENTAL MOVEMENT **NEW!**

CA: Laguna Beach - Mar. 1-4, '01

### CORE ZERO BALANCING<sup>®</sup>, SEGS. I & II

CA: San Francisco - Sept. 28-Oct. 1, '00  
CT: Hartford - Nov. 16-19, '00  
GA: Atlanta - Dec. 7-10, '00  
IA: Iowa City - Nov. 16-19, '00  
ID: Twin Falls - Sept. 7-10, '00  
IL: Chicago - Nov. 9-12, '00  
KY: Louisville - Oct. 5-8, '00  
LA: Gretna - Oct. 12-15, '00  
MA: Cambridge - Oct. 26-29, '00  
Leyden - Oct. 12-15, '00  
Somerville - July 21-23, 28-30, '00  
MD: Annapolis - Nov. 2-5, '00  
Baltimore - Dec. 8-11, '00  
Columbia - Oct. 5-8, '00  
ME: Blue Hill - Sept. 27-Oct. 1, '00  
MI: Sterling Heights - July 20-23, '00

NJ: Cape May Point - Aug. 31-Sept. 3, '00  
NY: New York - Oct. 5-8, '00  
New York - Jan. 18-21, '01  
OH: Youngstown - July 20-23, '00  
PA: Chambersburg - Nov. 16-19, '00  
TX: Austin - July 20-23, '00  
Austin - Jan. 11-14, '01  
Canada: Holly Hocks - Sept. 11-16, '00  
Jamaica: Negril - Nov. 9-16, '00  
Negril - Mar. 15-21, '01

### SPIRIT OF THE ORGANS: ZERO BALANCERS THE VISCERA

CO: Boulder - Aug. 3-6, '00  
NV: Reno - Aug. 10-13, '00

### GEOMETRY OF HEALING

IL: Chicago - Oct. 19-22, '00  
MD: Baltimore - Oct. 12-15, '00

### ADV. ZERO BALANCING<sup>®</sup>

Please call for dates and locations.

### PROCESS ACUPRESSURE<sup>SM</sup> 1: ESSENCE

CA: Santa Cruz - Aug. 10-13, '00  
CO: Boulder - Oct. 12-15, '00  
FL: Coral Gables - Sept. 21-24, '00  
NY: Saugerties - Jan. 4-7, '01

### ADV. PROCESS ACUPRESSURE<sup>SM</sup> 1: PROGRESSED PROCESS

CA: Santa Cruz - Oct. 5-8, '00  
FL: Coral Gables - Feb. 16-19, '01  
VT: Burlington - Aug. 3-6, '00

### PROCESS ACUPRESSURE<sup>SM</sup> 2: PARTS OF THE WHOLE

CA: Palo Alto - Oct. 26-29, '00  
MD: Baltimore - Oct. 5-8, '00

### ENERGY INTEGRATION I

CA: Big Sur - Sept. 24-29, '00  
FL: Palm Beach - Sept. 9-12, '00

### ASTON<sup>®</sup> THERAPEUTICS I

CO: Boulder - Sept. 29-Oct. 1, '00

### ASTON<sup>®</sup> THERAPEUTICS II

MA: Boston - Oct. 28-30, '00  
WA: Vancouver - Aug. 25-27, '00

### BODYWORKS I

IL: Chicago - Sept. 23-26, '00  
MA: Boston - Aug. 17-20, '00  
TX: Austin - Nov. 2-5, '00

### BODYWORKS II

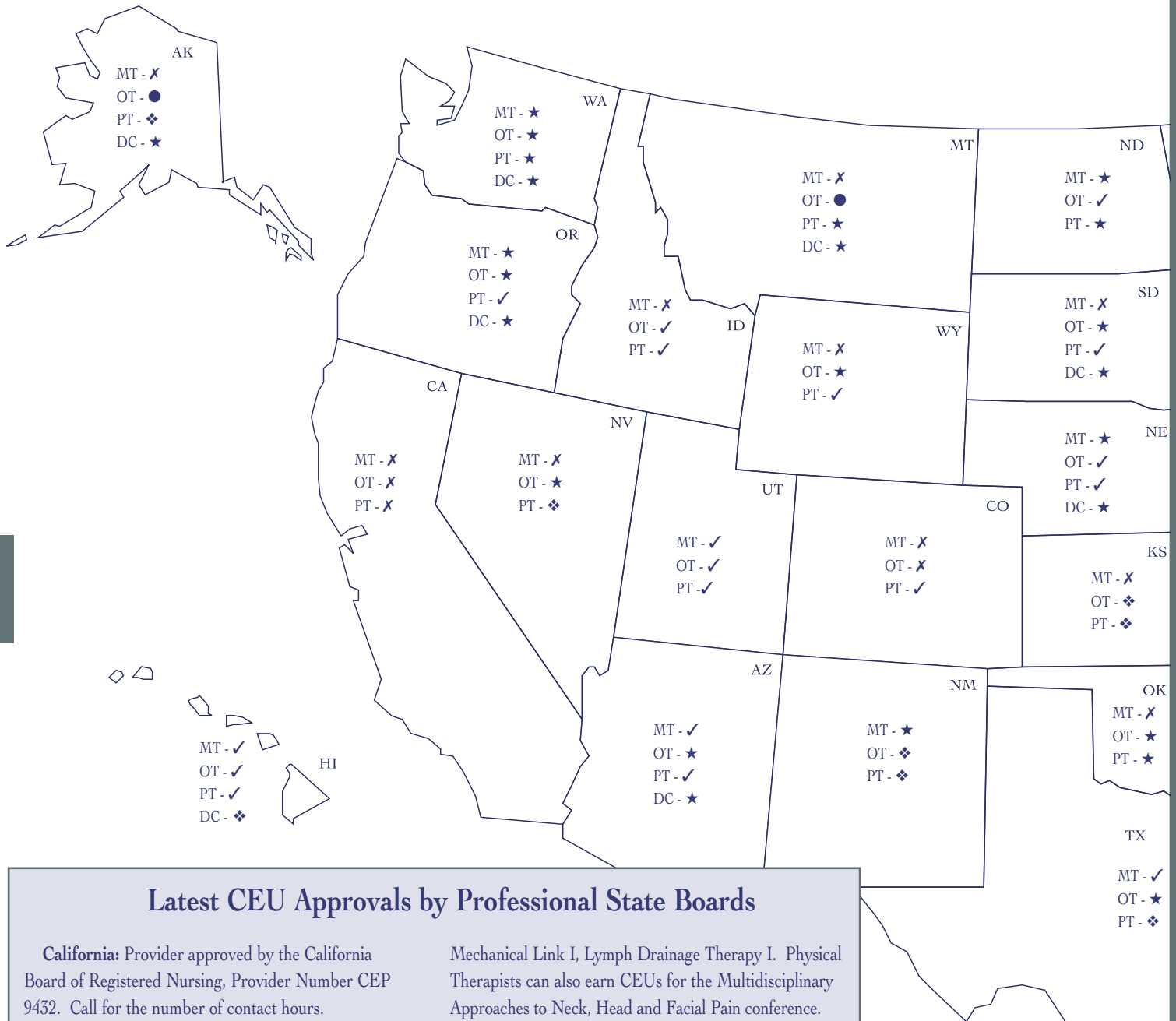
NV: Incline Village - Nov. 30-Dec. 3, '00

### SUPPORTING THE COMPASSIONATE HEART - CORE BUILDING

AZ: Phoenix - Oct. 27-29, '00

Many courses require prerequisites, and dates and locations are frequently added. Call 1-800-311-9204, ext. 89003, for details.

# Earn Continuing Education Credits for Classes in Complementary Care



## Latest CEU Approvals by Professional State Boards

**California:** Provider approved by the California Board of Registered Nursing, Provider Number CEP 9432. Call for the number of contact hours.

**Florida:** Massage Therapists can now earn CEUs for CranioSacral Dissection, Introduction to CranioSacral Therapy, and Overview of CranioSacral Therapy.

**Kansas:** Physical Therapists can now earn CEUs for CranioSacral Therapy I & II.

**Maryland:** Physical Therapists and Occupational Therapists can now earn CEUs for CranioSacral Therapy I & II, CranioSacral Therapy for Pediatrics, SomatoEmotional Release I, Visceral Manipulation IA & IB,

Mechanical Link I, Lymph Drainage Therapy I. Physical Therapists can also earn CEUs for the Multidisciplinary Approaches to Neck, Head and Facial Pain conference.

**Nevada:** Physical Therapists can now earn CEUs for SomatoEmotional Release I.

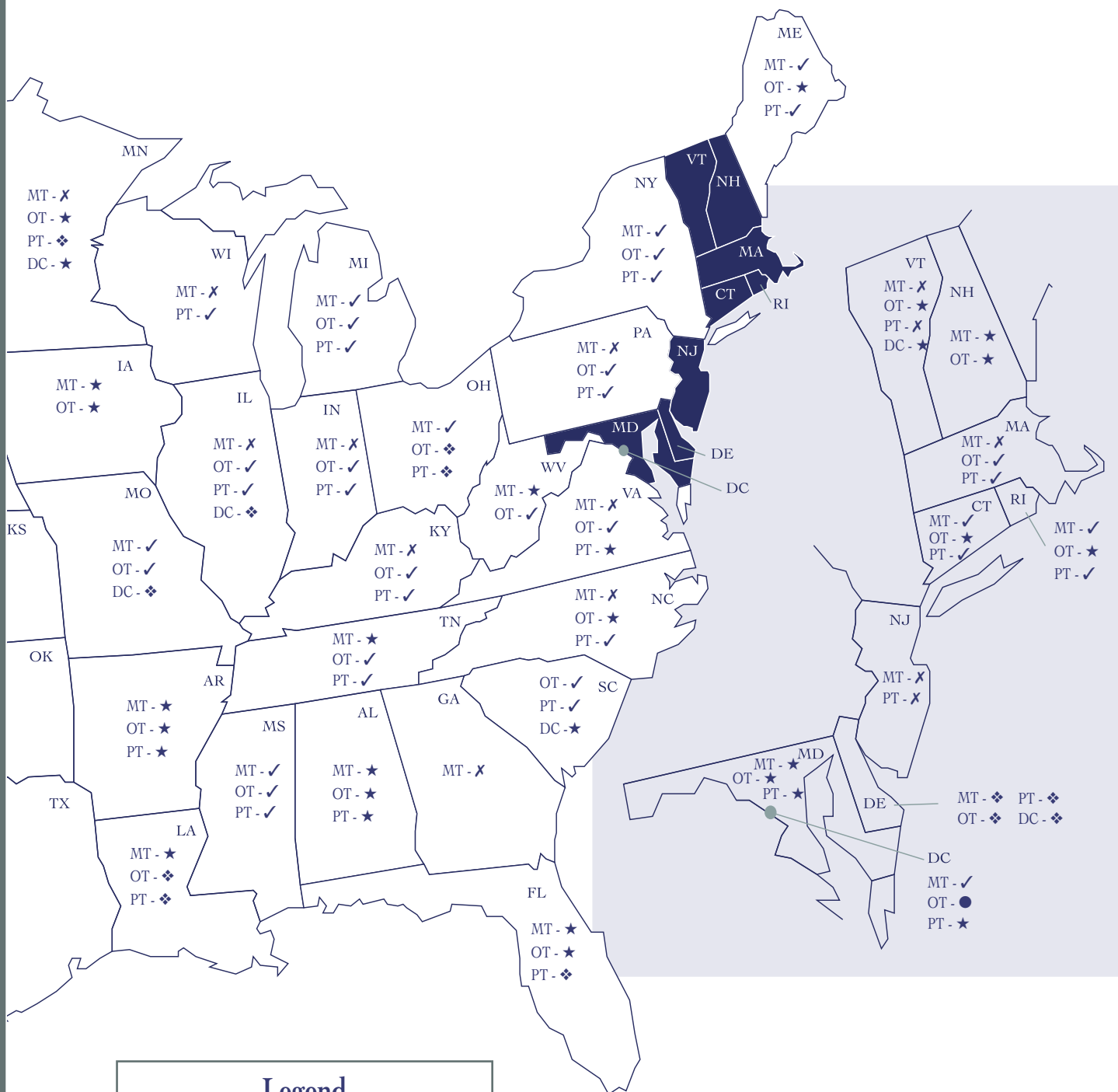
**Ohio:** Occupational Therapists can now earn CEUs for CranioSacral Therapy I & II, SomatoEmotional Release I & II, Visceral Manipulation IA, and One-Day Symposiums with John E. Upledger, DO, OMM.

**Texas:** Physical Therapists can now earn CEUs for Supporting the Compassionate Heart: Grounding and Healthy Boundaries.



The International Alliance of Healthcare Educators® and The Upledger Institute offer classes that satisfy CEU requirements for many different professions.

Before attending a workshop, simply verify CEU acceptance with your professional state board.



**Legend**

- ★ = Most or all classes approved for CEUs
- ❖ = Some classes approved for CEUs
- ✓ = No CEUs required
- = Approvals pending
- ✗ = No state licensing

Map not to scale.

Information is current at time of printing.  
Please call for the most up-to-date details.

# Study Groups

## Share Your Experiences and Sharpen Your Techniques in a Supportive Environment

The study groups listed here have satisfied the requirements to become officially sanctioned by The Upledger Institute. The leaders are either teaching assistants or certified in their therapies, and they've been personally recommended by a UI-certified instructor.

To receive an application to form a UI-approved study group, call 1-800-311-9204, ext. 89003. All study groups shown here were approved as of May 10, 2000.

To have your group listed in our next newsletter, your application must be submitted to UI and approved no later than August 1, 2000.

Note: Please call the study group contact directly regarding space availability, prerequisites, dates and times, as details may change. A nominal fee may also be charged.

### ARIZONA

Cave Creek  
Nan Woodward, PT, CST-D  
480-488-5934  
Focus: CSI-SERI

Sedona  
Neil Pinholster, LMT - 520-541-0736  
Focus: CSI

Tucson  
Candice Strack, OTR/L, CST  
520-546-9242  
Focus: CSI-SERII

### CALIFORNIA

Berkeley  
Michael Wagner, CMT - 415-457-6392  
Focus: VMIA-VMII

Berkeley  
Karen Clarke, CMT - 831-427-2022  
E-mail: kare@sasquatch.com  
Focus: CSI-SERII

El Cerrito  
Nancy Burke, CMT - 510-526-0115  
Focus: CSI-SERI

Hayward  
David Harnage - 510-582-2507  
Focus: CST

Los Angeles  
Teresa Gaffin, BBA, LMT, CST  
310-915-3054  
Focus: CSI-ADV

Marina del Rey  
Teresa Gaffin, BBA, LMT,  
CST - 310-915-3054  
Focus: CSI-ADV

Mill Valley  
Aria Rose, MA, CMT, CST  
415-381-8314  
Focus: CSI-ADV

Oakland  
Dean Chang, CMT  
916-486-1420  
E-mail: dpchang@softcom.net  
Focus: LDT

Oregon House  
Karin Day, PT  
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Focus: CSI

San Diego  
Ellen Gayle Sovinee,  
HHP, CST - 858-693-3677  
E-mail: holsymm@adnc.com  
Focus: CSI-CSII

San Francisco Bay Area  
Michael Wagner, CMT  
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Focus: VMIA-VMII

San Francisco Bay Area  
Karen Clarke, CMT  
831-427-2022  
E-mail: kare@sasquatch.com  
Focus: CSI-SERII

San Luis Obispo  
Celeste M. Varas de Valdes,  
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Focus: CSI-ADVI

Santa Cruz  
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415-457-6392

Focus: VMIA-VMII

Santa Cruz  
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E-mail: kare@sasquatch.com  
Focus: CSI-SERII

Ventura  
Tricia Fortina, MT, BSW, CST  
805-933-1023  
Focus: CSI-ADVII

### COLORADO

Boulder  
Pat Dorsey, CMT - 303-665-1224  
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Focus: ZB

### CONNECTICUT

Torrington  
Verlee Herpich - 860-482-4036  
E-mail: vherpich@snet.net  
Focus: ZB

Windsor  
Anna Wiedeler, PT, MS, CACST  
860-688-2954  
E-mail: innerdir@aol.com  
Focus: CSI

### DISTRICT OF COLUMBIA

Washington  
Ronald Murray, PT - 202-237-7000  
Focus: CSI-SERII

### FLORIDA

Aventura  
Harvey Grossbard, OMD, AP  
305-957-2281  
E-mail: omddoc@gate.net  
Focus: CSI-ADV

Ft. Lauderdale  
Pamela Brudno, LMT - 954-402-0048  
Focus: CSI

Orlando  
Jill Mabry, LMT - 407-774-7744  
E-mail: mabryrfd@gateway.net  
Focus: CST

Palm Beach Gardens  
The Upledger Institute HealthPlex  
Clinical Services  
Cloé Couturier, LMT/CO, CST  
561-622-4706  
E-mail: uihealthplex@upledger.com  
Focus: CSI-ADV

Sarasota  
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E-mail: AngelPowr9@aol.com  
Focus: ADV-ADVII

Tampa  
Dottie Marvel, MT, LMT, CST  
813-839-7864  
Focus: CSI-CSII

Betty Lamb, BS, LMT - 813-876-5114  
Focus: CSI

### GEORGIA

Atlanta  
Maureen Grady, MA, MT, CMT  
770-394-5692  
E-mail: craniosacral@mindspring.com  
Focus: CSI-ADV

### ILLINOIS

Chicago  
Rosan Hepko, MSN - 847-733-9900  
Focus: CSI-SERI

Chicago  
Michael Regan - 847-808-8424 &  
Mary Murphy, CMT, CST - 847-318-2860  
E-mail: sager1@aol.com  
Focus: ZB

Woodstock  
Dodie Corcoran, CMT - 815-337-5704  
Focus: CST

### INDIANA

Indianapolis  
Carol Fienhage, OTR/L - 317-846-7202  
E-mail: fienhage@indy.net  
Focus: CSI-SERII

### IOWA

Fairfield  
Michael Morgan, LMT, CST-D,  
& Karen Schele, RN - 515-472-0939  
E-mail: michaelm@kdsi.net  
Focus: CST

### KANSAS

Wichita  
Patrick Speer, CMT - 316-721-8061  
E-mail: patrickeaglecst@yahoo.com  
Focus: CST

### MARYLAND

Baltimore  
Tom Nichols, PT - 410-521-2200  
E-mail: tnichol2@nwhospctr.org  
Focus: CSI

Frederick  
Lori Lossman, CMT - 301-631-2227  
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Focus: CST

### MASSACHUSETTS

Boston  
Linda Squires, DC - 617-734-4455  
Focus: ZB

Fall River  
Susan Cotta, PT - 508-677-0626  
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Focus: CST

Great Barrington  
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Focus: CSI-SERII

Greenfield  
Lisa Berger, LAC  
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Focus: ZB

Hanover  
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E-mail: sharbel79@aol.com  
Focus: CSI-ADV, VMIA-AVMII

Northampton  
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Focus: CSI-ADV

### MICHIGAN

Ann Arbor  
Martha Smith, CHt, CMT -  
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Focus: CSI-ADV

Coldwater  
Lauri Rowe, MA, NCTMB  
517-279-7385  
E-mail: ljrowe@cbpu.com  
Focus: CSI

Farmington  
Gerilyn Gruzowski - 248-624-2460  
E-mail: ggruzowski@aol.com  
Focus: CST

## Legend

ADV = Advanced I CranioSacral Therapy  
ADVII = Advanced II CranioSacral Therapy  
AVM = Advanced Visceral Manipulation  
AVMII = Advanced Visceral Manipulation II  
CSI = CranioSacral Therapy I  
CSII = CranioSacral Therapy II  
CSP = CranioSacral Therapy for Pediatrics  
CST = CranioSacral Therapy  
LDT = Lymph Drainage Therapy  
SERI = SomatoEmotional Release I  
SERII = SomatoEmotional Release II  
TBS = The Brain Speaks  
VM = Visceral Manipulation  
VMIA = Visceral Manipulation IA  
VMIB = Visceral Manipulation IB  
VMII = Visceral Manipulation II  
ZB = Zero Balancing

Shepherd  
Charles Ulmer, CMT, CST-D  
517-828-4776  
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Focus: CSI-SERI

Warren  
Connie Eiland, PT, Cert. ZB  
313-343-8808  
Rebecca Scott, CMT - 810-756-4670  
E-mail: rscott756@aol.com  
Focus: ZB

#### MINNESOTA

Minneapolis  
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Focus: CST

#### MISSOURI

Columbia  
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borcherdings@health.missouri.edu  
Focus: CST

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Focus: CSI

St. Louis  
Constance Perretta, LMT, RMT  
314-984-8265  
Focus: CSI-CSII

#### MONTANA

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(attn.: Phil Robison)  
Focus: CSI

#### NEBRASKA

Omaha  
Tricia Fortina, MT, BSW, CST  
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Focus: CSI-ADVII

Omaha  
Ardyne Solomon, LMT - 402-333-6617  
Focus: ZB

#### NEW JERSEY

Cape May Court House  
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Focus: CSI-CSII, MFR

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Peg Dougherty, MA, CMT  
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Focus: CSI-CSII

Red Bank  
Cindy Bloom, CMT - 732-747-9290  
Focus: CST

Tenafly  
Phyllis Gordon, OTR - 201-569-6288  
E-mail: plgjr@earthlink.net  
Focus: CSI-ADV

#### NEW MEXICO

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Maggie Mathisen, LMT - 505-898-7853  
E-mail: mmathis@nmia.com  
Focus: CST

#### NEW YORK

Hicksville  
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- Judith Sanford, LMT
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## New Certified Visceral Manipulation Teaching Assistants

- Annabel Mackenzie, CSP
- Tom Takeuchi, DC

## New Certified Mechanical Link Teaching Assistants

- Kim Leman, RPT
- Maureen Russo, PT

## New Certified Lymph Drainage Therapy Teaching Assistants

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- Molly Clark, PT
- Beverly Cook, LMP
- Frank Gentzke, MS, LMT
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- Zakia Collins, CST
- Beate Fachinger, CST
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- Mary Murphy, CMT, CST
- Jayne Osika, OTR/L, CST
- Volker Richter, CST
- Ellen Gayle Sovinee, HHP, CST

# Upcoming Upledger Institute Speaking Engagements

Orlando, Fla. — July 6-9, 2000

FSMTA 2000 "In Pursuit of Excellence" Annual Convention & Trade Show

*Sponsored by the Florida State Massage Therapy Association*

- John Upledger, DO, OMM, Keynote Speaker — "The Expanding Role of Massage Therapy in the New Millennium"
- Russell A. Bourne, Jr., PhD — "Current Trends in Research Using Manual Therapies"
- Roy Desjarlais, LMT, CST-D — "CranioSacral Therapy and Its Application to Massage Therapists"
- Bruno Chikly, MD (France) — "Lymph Drainage Therapy: A Breakthrough in Lymph Drainage Techniques"
- Dee Ahern, PT — "Introduction to Visceral Manipulation"
- Catherine Crews, PhD, and David Lauterstein — "Process Acupressure and Zero Balancing: Healing the Great Divide in Bodywork"
- Alaya Chikly, CMT — "Accessing the Wisdom of the Heart: Transforming Personal and Ancestral Emotional Trauma"

Please call toll-free today to register: 1-877-376-8248

San Jose, Calif. — July 30, 2000

Face & Body 2000 Annual Business Seminar

- Dean P. Chang, CMT — "Esthetic Lymph Drainage Therapy: Mini Face-Lifting and Total Skin Care"

Orlando, Fla. — Aug. 18-20, 2000

Florida Chiropractic Association 2000 Fall Convention & Exposition

- Signy Erickson, DC, CST-D — "SomatoEmotional Release: Understanding Tissue Memory and Its Implications"
- Bruno Chikly, MD (France) — "Lymph Drainage Therapy: Advancements in Lymph Drainage Techniques"

Edmonton, Alberta, Canada — Aug. 24, 2000

4th World Congress of Medical Acupuncture and Natural Medicine

- Judith Ann Blix, PT, CST-D — "CranioSacral Therapy: An Introduction"

Orlando, Fla. — Aug. 27, 2000

Aquatic Therapy Symposium 2000

- Russell A. Bourne, Jr., PhD, Keynote Presentation — "Dolphins and Healing"

Banff, Alberta, Canada — Oct. 22, 2000

Association of Massage Therapists and Wholistic Practitioners Annual Conference

- Russell A. Bourne, Jr., PhD, Keynote Speaker — "Current Trends in Research Using Manual Therapies"

## Milestones

### Congratulations and Well Wishes...

- Judith Ann Blix, PT, CST-D, has been named UI-certified SERI instructor.
- Jose Luis Perez Batlle, DO, has been named UI Spain-certified CSII instructor.
- Lynne Ganz, OTR/L, and Jim Green, LMT,

CST-D, have both been named UI-certified instructors for CranioSacral Therapy for Pediatrics.

### Our Heartfelt Condolences...

- Debbie Delmar, writer and editor for The Upledger Institute, lost her father Sam Delmar on May 3, 2000. Our thoughts and prayers are with her.



# BioAquatic Exploration Excursions Planned Aboard the New Dolphin Star

Kathy Lewis-Woll, The Upledger Institute curriculum director, has announced a new series of classes planned aboard the recently christened Dolphin Star. Called BioAquatic Explorations, they're based on the same concept as UI's previous Dolphin Educational Workshops.

"The new courses enable small groups of CranioSacral Therapists to practice their techniques in the vicinity of dolphins," she says. "But unlike prior classes that were open only to advanced practitioners, the new classes will be tailored to three different prerequisite levels: CranioSacral Therapy, SomatoEmotional Release and Advanced CST. So therapists at all skill levels can explore the healing potentials of dolphins and the sea."

UI has also planned a joint venture with

David Dolan, LMT, CST, and Diane Ellerbe, LMT, to hold Ocean Therapy Healing Excursions aboard the Dolphin Star. They're designed to be experiential, therapeutic jaunts in which participants explore CranioSacral Therapy, SomatoEmotional Release, snorkeling, play, and energetic healing techniques.

David Dolan, co-creator of the new class, says the excursions will be complete even with or without dolphin participation. "If dolphins discover us as we venture out, wonderful," David says. "But these trips will by no means be effected without it. They're going to be fun, relaxing explorations into the true essence of healing therapy."

For more information on Dolphin Star classes, please call toll-free: 1-800-311-9204, ext. 89003.

## Dolphin Christening

*continued from front cover*

"Ultimately, we'll use the Dolphin Star to further research we began in the Florida Keys," said Russell A. Bourne, Jr., PhD, director of research programs for the Foundation. At that time, therapists worked hands-on with patients in the water alongside dolphins.

"Yet even before then we'll be holding classes so therapists can learn firsthand what it means to practice in the presence of dolphins," Dr. Bourne added. "Everyone who's ever done it has reported inspiring results."

For details on the new Dolphin Star courses, see "BioAquatic Exploration Excursions Planned Aboard the New Dolphin Star." You may also call Educational Services toll-free: 1-800-311-9204, ext. 89003.

## Dr. Upledger Testifies

*continued from front cover*

by some sort of febrile episode." Such a fever, he said, could result from a viral infection, vaccine reaction or any number of causes, and often occurs about two weeks before parents notice symptoms of autism.

According to Dr. Upledger, those symptoms may well be the child's attempt to change physiological or anatomical dysfunctions that may be causing pain or discomfort. Fortunately, his clinical experience has shown that, when specific corrections of the craniosacral system are successfully carried out, these behaviors often spontaneously cease.

"It is my opinion that the head-banging child is trying to release a compressive force in the head that is quite painful," Dr. Upledger said. "When we release this compression, head banging stops."

Dr. Upledger's testimony on the effectiveness of CranioSacral Therapy was one of many avenues explored at the hearing. Though Rep. Burton said the hearings would "raise more questions than answers today," he vowed to "do everything humanly possible to determine if there's something that can be done to unlock the prison of autism."

"If we don't take action now," he concluded, "ten years from now may be too late, not only for this generation of children but for our taxpayer-funded healthcare education systems that will collapse from trying to care for these children."

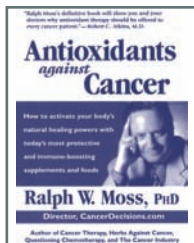
For a full report on the Government Reform Committee meeting, visit [www.house.gov/reform](http://www.house.gov/reform).

## Advanced I CST Class San Francisco, Calif.



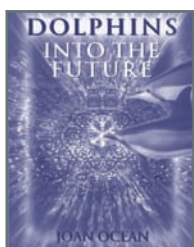
Front row (l-r): Carol McLellan, CMT (preceptor); Catherine Adachi, PT (preceptor); Lorna Milliken, MT (preceptor); Martha Smith, CHt, CMT; Lynda Caesara; Laurie Hare, OT; James H. Larsen, LMP; Bamboo Ilana, PTA, NCMT; Cheeta Llanea, PhD, CMT, CST; Heidi Baruch, RN; Martha Russo, MA, LMP; Serena Sutherland, OTR. Back row (l-r): Neil Pinholster, LMT; Chas Perry, PhD, CST-D (instructor).

# Books and Other Helpful Products

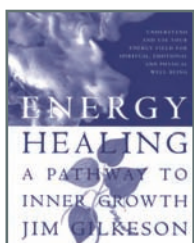


**Antioxidants Against Cancer**  
by *Ralph W. Moss, PhD*  
America's leading expert on cancer alternatives reveals how you can use antioxidants to greatly reduce your risk of getting cancer, help prevent recurrences, decrease the side effects of chemotherapy and radiation, and improve the results of conventional treatment. You'll also learn which specific fruits and vegetables are the most powerful weapons in your fight against cancer. *Recommended by Dr. John Upledger.* (soft cover) \$9.95

**Change Your Mind, Change Your Life**  
by *Gerald G. Jampolsky, MD, and Diane V. Cirincione, PhD*  
This book is for people of all ages, religions and cultures who have a desire and willingness to change their thoughts, heal their attitudes and change their lives. *Recommended by Dr. John Upledger.* (soft cover) \$14.95

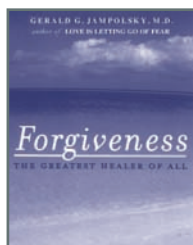


**Dolphins Into the Future**  
by *Joan Ocean*  
Joan Ocean has devoted her life to the "participatory research" of dolphins — swimming among the dolphins and whales and learning from them as they seem to transcend linear sensory reality. Here she journeys with the dolphins into the future to meet 11 other aspects of her soul and visit with citizens of Future Earth. (soft cover) \$16.00



**Energy Healing: A Pathway to Inner Growth**  
by *Jim Gilkeson, NCBTMB*  
An eloquent sourcebook for everyone interested in learning more about how

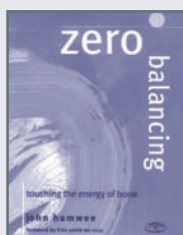
to use the human energy field for healing and personal inner growth. It explores the therapeutic and spiritual issues that arise in energy healing. *Recommended by Michael Morgan, LMT, CST-D.* (soft cover) \$14.95



**Forgiveness: The Greatest Healer of All**  
by *Gerald G. Jampolsky, MD*  
Find out why so many of us find it difficult to forgive — and why holding on to grievances is really a decision to suffer. *Recommended by Dr. John Upledger.* (soft cover) \$12.95

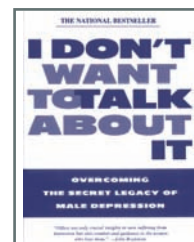


**The Healing Cello CD**  
by *Liz Byrd*  
Professional cellist Liz Byrd has participated in many patient sessions at The Upledger Institute HealthPlex Clinical Services, exploring the tones and vibrations that help activate restricted areas in the body. Now on CD — designed to work with the 10-Step Protocol — she beautifully presents the precise notes and harmonics that coincide with the natural vibrations of the body. (Approx. 50 min.) \$24.00

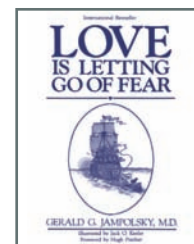


**Zero Balancing: Touching the Energy of Bone**  
by *John Hamwee*  
Zero Balancing is a fascinating form of bodywork that combines knowledge of anatomy from the West with an understanding of energy from the East. This book explains through vivid case histories and personal stories why restoring the balance of energy and structure has such powerful healing effects. And it presents for the first time precisely how and why Zero Balancing works.

People choose to experience Zero Balancing because it helps them feel well, robust, clear and confident, especially during stressful times. When the body works more effectively,



**I Don't Want to Talk About It: Overcoming the Secret Legacy of Male Depression**  
by *Terrence Real, Psychotherapist*  
Problems we think of as typically male — difficulty with intimacy, workaholism, alcoholism, abusive behavior and rage — may actually be attempts to escape depression. Real reveals how men can unearth their pain, heal themselves, restore relationships and break the legacy of abuse. *Recommended by Suzanne Scurlock-Durana, MEd.* (soft cover) \$15.00



**Love is Letting Go of Fear**  
by *Gerald G. Jampolsky, MD*  
Based on material from "A Course in Miracles," the lessons contained in this little book teach you to let go of fear and remember that our very essence is love. *Recommended by Dr. John Upledger.* (soft cover) \$8.95

**Lymph Circulation of the Neck, Face & Cranium & Lymphatic Circulation of the Body Charts**  
by *Bruno Chikly, MD (France)*  
Two original charts designed by Bruno Chikly, MD,

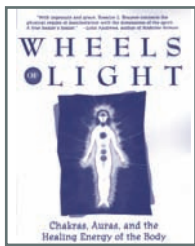
the mind and spirit come into balance as well.

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developer of Lymph Drainage Therapy. *Lymph Circulation of the Neck, Face and Cranium* shows the lymph nodes of the neck, face and cranium, as well as the epifascial lymph circulation of the face in lateral view and anterior view. *Lymphatic Circulation of the Body* shows the epifascial lymph circulation of the body in lateral view and anterior view, lymph nodes of the upper body, and deep lymph circulation. Each two-color, laminated chart measures 19" x 25". \$25 each or \$35/set of two



**Wheels of Light**  
by Rosalyn L. Bruyere

Explores the seven chakras or energy centers of the body with particular focus on the first chakra,

which has to do with our basic life force, our physical bodies and our sexuality. (soft cover) \$14.00

**Your Body's Many Cries for Water**  
by F. Batmanghelidj, MD

Explains a new discovery: that lack of water in the body — chronic dehydration — is the root cause of many painful degenerative diseases, such as asthma, allergies, hypertension, excess body weight, even some emotional problems like depression.

Recommended by Gino Giglio, LMT, NCTMB. (soft cover) \$14.95



**"Gently Does It"**  
Article

by Victoria McKee  
When stress left Brooke Shields with a frozen jaw, she turned to

CranioSacral Therapy for help. She speaks about her experiences here in an article that appeared in Harpers & Queen magazine in June 1999. 60¢

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