

Infant and CranioSacral Therapy

Description:

Personal: 4mo, Male

History: Low muscle tone in right neck and shoulder, crying after satisfying nursing, difficulty digesting, goes into whole body extension pattern and cries. Had seen neurologist who wanted to do and later did an MRI with no positive findings. Urine and blood tests were normal.

The birth was vaginal with suction and the cord around the boy's neck. He had had no other hands on treatment. Family moved to a new home at age 1 month. Seeing O.T. at time of visit. Began to see developmental movement therapist (Body-Mind Centering) within two months of seeing me at my suggestion.

Evaluation

Findings: Contraction of the falx cerebri from anterior to posterior holding frontal into extension, 0-A compression and hyperextension, sucking good, motion of vomer unrestricted, right shoulder medially compressed and drawn up toward occiput. Hiatal herniation. Uneasy on belly. Crying and terrified look in eye on contact with his hyoid.

Tools: Unwinding into birthing position, a-o release, decompressing cranium posterior to anterior, unwinding into extension pattern. Activating flexion pattern in body.

Objective results: Frontal bone moving easily into flexion and falx no longer holds the contracting pattern, decompressed a-o, easier on belly. No more crying and terrified look with hyoid contact.

Subjective results: Initially bowels moved easier and legs relaxed. He began to sleep more in the mornings. More comfortable nursing and afterward. Less arching or the extension pattern. More comfortable on belly and at 8 months is crawling and beginning to pull up.

Average length of sessions: 1 hour

Number of sessions: 8