Barral Institute Case Study Visceral Manipulation - Laparoscopic Surgery Jennifer Shifferd, PT

Patient Symptoms

Multiple visceral/fascial restrictions from laparoscopic surgery. Patient referred for therapy as last resort to another surgery or pain medication for symptom relief.

Evaluation / Treatment

4-8 Treatments of 45 minutes. Evaluation showed decreased lumbar/thoracic AROM, pelvic malalignment, visceral/fascial restrictions through abdominal region.

Outcome

No pain post-treatment, normal spinal AROM, normal abdominal visceral mobility, and normal alignment.