Dr. Christine Anderson, Hollywood Chiropractor and producer of Dr. Christine Anderson’s Prenatal Yoga DVD, will be interviewed on Saturday December 9 at 6:15 am by veteran radio broadcaster Larry Van Nuys on Los Angeles powerhouse KNX News Radio. The subject will be the nutrition for children during the holiday season and setting them up for a healthy New Year. Anderson is unique among chiropractors in that she holds degree additional degrees in pediatrics and homeopathic medicine, while also being an expert in nutrition. Larry Van Nuys will interview her Dr. Anderson at 6:15 am for a ten-minute live-taping that will be replayed periodically throughout the day.

With so much celebrating and so many festive occasions taking place over the holidays, it is “extremely important that parents monitor the diet of their children,” Anderson says. Dr. Anderson notes that “everyone talks about adults watching their consumption of food and alcohol over the holidays, but it is just as important for them to set an example as well as keeping their children from damaging their immune systems by over-indulging in sweets and other unhealthy food.”

Dr. Anderson’s office, situated in a comfortable two-story house just off Sunset Blvd. in Hollywood, has a birthing center on the second floor staffed by highly competent midwives. When someone signs up with one of her midwives, Anderson throws in the
prenatal chiropractic treatment as part of the deal. Affectionately called Dr. Chris by her clients, she has established herself as a highly respected authority within the professional community. Her popular DVD, Dr. Christine Anderson’s Dynamic Prenatal Yoga DVD, is big hit throughout the country.

Dr. Christine Anderson has been practicing in Hollywood since graduating Summa Cum Laude from Cleveland Chiropractic College (CCC-LA) in Los Angeles in 1989. She completed a 3-year post graduate program which gives her diplomate status and Board Certification in Chiropractic Pediatrics and Pregnancy (DICCP), while also receiving her Diploma in Homeopathy (DiHom) from the British Institute of Homeopathy in 1996 and completing Craniosacral Therapy I and II training from Upledger Institute in 2002.

Visit Dr. Anderson’s website at www.kidchiropractic.com or call her office at 323-436-2735. You can also reach her through Promotion in Motion at 323-461-3921 or www.promotioninmotion.net.

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Dr. Christine Anderson

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Journalists - Click here for a Review Copy of Dr. Christine Anderson’s Dynamic Prenatal Yoga DVD

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