Craniosacral therapy comes to Coldwater

COLDWATER — Dawn Kurtz, owner of Soul Selections, and Muriel Alexandrowksi of Reading, are bringing Jim and Regina Green, therapists of Acorn Seminars, to Coldwater on June 30, July 1 and July 2 to provide multi-hands craniosacral therapy (CST).

The Greens bring over 35 years of combined experience in the bodywork field, with the mission to provide quality healthcare with a personal touch and educational opportunities to therapists throughout the world.

Jim Green's degree in psychology, combined with his massage therapy background, created a fertile environment for the continued education he received as a staff therapist at the Upledger Institute, which began in 1989. In 1990, Jim started teaching craniosacral therapy for the Upledger Institute. In his 12 years as an instructor, he taught a variety of courses, including CST 1 and 2, pediatrics CST, equine CST, and CST for estheticians and CST dissections class.

During his tenure, Jim taught 243 classes in the U.S., Canada and on three continents.

Regina Green earned her massage therapy degree in 1992 and trained extensively in the bodywork field. She worked at the renowned PGA National Spa in Palm Beach Gardens, Fla., as a staff therapist for seven years before starting her private practice in CST. Regina also was a visiting therapist in the Upledger Foundation's Intensive Program and led their study groups at the Institute.

Muriel Alexandrowksi said, "To have people the quality of the Greens in our community sharing their talents enhances the practices of many therapists in our area who have similar abilities. We are extremely blessed to have the Greens agree to come to Coldwater and Reading."

Dawn Kurtz will be scheduling people to experience this multi-hands therapy through Soul Selections.

Sessions will be held at various locations in the Coldwater and Reading area.

For more information or to schedule an appointment call Soul Selections at (517) 279-2722.