

3942

Kramer receives innovative craniosacral therapy training

Lori Kramer, certified occupational therapist at Eagle River Memorial Hospital rehabilitation department, recently participated in a Craniosacral Therapy I workshop offered by Upledger Institute Inc., an innovative health-care organization offering continuing-education courses.



KRAMER

The craniosacral system consists of membranes and cerebrospinal fluid that surrounds and protects the brain and spinal cord.

The therapy is used to detect

and correct imbalances in the craniosacral system, which may be the cause of sensory, motor or neurological dysfunction.

"Craniosacral therapy has been successfully used to treat headaches, neck and back pain, TMJ, chronic fatigue, motor coordination difficulties and central nervous system disorders," said Kramer.

The four-day course was designed by osteopathic physician John Upledge, who developed craniosacral therapy and has taught the technique internationally.

A physician's order for occupational therapy is required for patients to receive the treatment.

For more information, phone (715) 479-0224.

#2005.03F