March 2004

E-mail

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In Defense of CranioSacral Therapy

Dear Editors:

Regarding “CranioSacral Therapy Outlawed in Mississippi” (Nov. 2003, www.massagetoday.com/archives/2003/11/01.html), I took care of a doctor five years ago for simple plantar fasciitis. He was attending a seminar that addressed the fact that they (the doctors) are losing a great deal of business to alternative providers. By the way, one treatment took his foot pain away, and lengthened the fascia in his calves, which was causing the pain.

So, this all is about money. Doctors stand to make huge amounts by having massage therapists work only for them or severely limiting their capabilities. In my practice, I am so busy that I have frequently referred clients to doctors; it is not the other way around. I know a prominent doctor that tells patients when they need a good massage, He is good; he is busy. This doctor is not intimidated by a massage therapist’s capabilities. I am sure that the real noise is coming from those who are seriously lacking in their capabilities, have a lot of time on their hands, and think the grass is greener on our side and they want a chunk. CranioSacral Therapy allows bones to return to their homeostasis. We work with the connective tissues that surround them, and not like a division of chiropractic that “jolts” bones into place without doing anything about the surrounding tissues. Each time a client mentions a chiropractor, I ask if the chiropractor referred them to a massage therapist. Most of the cases are not. We really need to collaborate as medical professionals for the benefit of our patients. Turf wars need to cease, and selfish practitioners need to be ousted or reeducated.

Wallace Spears

Dear Editor:

I begin by saying I can in no way comment on the “Cell Talk” dispute (www.massagetoday.com/Archives/2004/01/11.html), but I would like to share my daughter’s experience. She was born in July 1990, through a hasty and rushed delivery wherein the doctor demanded forceps after only a few moments of my pushing; and his obvious hurry to be somewhere else. The outcome was Erb’s Palsy, a very serious birth injury.

After being told by members of this particular doctor’s practice and our pediatrician that Erb’s is “very minor and only requires pinning up her sleeve,” I knew I was being seriously and intentionally misled by the various medical doctors. My daughter received immediate and intense four-day-a-week physical therapy for many years, as well as fantastic CranioSacral Therapy at the Upledger Institute. In short, her pediatric neurologist says it is only because of this care that she has been able to go from the worst 10 percent of those he has seen with Erb’s to the best 10 percent.

To Dr. Turchaninov: I agree you must not knock what you haven’t experienced. May you never mislead innocent patients, as I have experienced. While you have your favorite Japanese saying, I like my husband’s in this case— “Every dog has his day.” (The doctor who delivered my daughter succeeded in committing suicide a few years ago after repeated attempts.)