

Automobile Accident Brain Injury and CranioSacral Therapy

By: Cloe Couturier

Patient Name: Jeannie

Dates of Treatment: June 24-28, 2002

Medical History: This is Jeannie's fourth participation in the Therapist Rejuvenation Intensive Program. She is a 51 year old female who sustained a brain injury in an automobile accident on February 4, 1993. Jeannie continues to make progress in her rehabilitation. Since the last program August 1999, Jeannie has regained her artistic ability that she lost after the accident. Jeannie has trouble with words, language, senses and she feels she is stuck in extension. This has been a long journey for her and she would like to get her life back, be more functional and move past this. Jeannie presently receives CranioSacral Therapy.

Current Level of Function: Capable and functional; keeps records at home; good mother of three children

Patient/Family Goals: To move forward and go past forward; to work and make a good living; to value her time; to become more empowered

Clinical Observations/Assessment

CranioSacral Rhythm:

Initial: Symmetry: severe asymmetry; Quality: sluggish; Amplitude: mild restriction global; Rate: 6-7 cycles per minute

Post: Symmetry: more balanced, 75%; Quality: more vitality, 80%; Amplitude: better 20%; Rate: 7- 8 cycles per minute

Transverse Diaphragms

Initial: Pelvic: moderate left torsion; Respiratory: moderate restriction; Thoracic: moderate restriction

Hyoid: moderate restriction; OCB: moderate restriction

Post: Pelvic: improved 80%; Respiratory: improved 85%; Thoracic: improved 80%; Hyoid: improved 60%; OCB: improved 75%

Dural Tube

Initial: Restrictions: cervical spine severe restriction; Facilitated Segments: 0

Post: Restrictions: cervical spine 70% improved; Facilitated Segments: 0

Intracranial Membrane System

Initial: severe right torsion of the tentorium cerebelli

Post: mild anterior strain, improved 90%

Cranial Vault

Initial: Sphenoid: right torsion

Post: Sphenoid: improved 45%

Facial Bones/Hard Palate/Teeth

Initial: Left Maxilla: moderate right torsion; Right Maxilla: moderate restriction; Mandible: out of synchrony; TMJ: bilateral moderate restriction; Teeth: central and lateral incisors right upper and lower

Post: Left Maxilla: improved 65%; Right Maxilla: improved 65%; Mandible: back in synchrony improved 80%; TMJ: improved 90%; Teeth: improved 100%

Sacrum

Initial: left torsion
Post: improved 30%

Meridians

Initial: Lung/Large Intestine: restricted; Spleen/Stomach: Heart/Small Intestine: restricted;
Post: Lung/Large Intestine: improved and balanced; Spleen/Stomach: Heart/Small Intestine: improved and balanced

Chakras

Initial: 1st: weak and low; 2nd: weak and low; 3rd: weak and low; 4th: low; 5th: low; 6th: low; 7th: low
Post: 1st: improved 75%; 2nd: improved 75%; 3rd: improved 75%; 4th: improved 60%; 5th: improved 60%; 6th: improved 60%; 7th: improved 60%

Body Chart

Vectors

Initial: left hip break of vector - neck in forward position
Post: improved 25%

Energy Cyst(s)

Initial: right mandible and right temporal region, right central incisor, right lateral incisor, right maxilla
Post: released 80% for all

Fascial Glide Restrictions

Initial: gluey feeling on her lower extremities, specifically thighs and her pelvic diaphragm
Post: improved 65%

Other Observations

Initial:
Post: more aware, attentive and better ability to focus; happier and more serene; good overall energy level

Treatment

Services provided included:
CranioSacral Therapy
Neuromuscular Re-education
Myofascial Release
SomatoEmotional Release
Visceral Manipulation
Kinetic Activities
Osteopathic intervention
Vibrational therapy
Lymphatic Drainage
Patient/Family Education
Autogenic training, visualization, progressive relaxation
Other: Sand Play

Summary

Cranio sacral rhythm is 75% more balanced, better vitality, amplitude and rate; the diaphragms all have been improved by 60% or over; the dural tube is released 70% in the curved spine; a severe torsion of the intra cranial membrane system and cranial vault was addressed and greatly released; the maxillae were normalized by 65%; the mandible were brought by in synchrony with the rhythm and energy cysts removed; meridians and chakras balanced and stronger.

She has felt more focused and more energetic throughout the week. She feels clearer and stronger as well as hopeful for "the future and for her family".

Recommendations:

To continue with your CST therapist at home Return to the IP as needed