

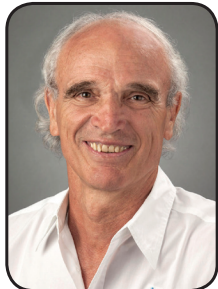
# Barral Manual Therapies

## FACTS – THE STORY THAT TELLS IT ALL

### What We Do...

The Barral Institute is a health education, training and research organization dedicated to the advancement of Visceral Manipulation, Neural Manipulation and New Manual Articular Approach manual therapies.

The Barral Institute conducts seminars nationally and internationally to educate and train healthcare practitioners in the proper techniques developed by world-renowned French Osteopath and Physical Therapist Jean-Pierre Barral.



**Jean-Pierre Barral**  
DO, MRO(F), RPT  
Developer

### Discover Our Techniques...

#### Visceral Manipulation (VM)

- Gentle manual therapy that assesses the structural relationships between the viscera (organs) and their fascial or ligamentous attachments to the body's systems.
- Assists functional and structural imbalances throughout the body's systems including vascular, nervous, urogenital, respiratory, digestive and lymphatic.

#### Neural Manipulation (NM)

- Light-touch, hands-on treatment that releases local nerve restrictions while at the same time examines their effect.
- Enhances proper functioning of the nervous system – one of the body's communication highways.

#### New Manual Articular Approach (NMAA)

- Precise gentle engagement and soft tissue manipulation that applies a comprehensive approach to the treatment of the whole body and its relationship to the problematic joint, and not just the localized dysfunctional joint.
- Integrates all aspects of the joint including the nerve, artery, bone, capsule and ligaments, as well as, visceral and emotional connections.

### Manual Therapy Techniques are Beneficial for:

- Concussion & Traumatic Brain Injuries
- Chronic Pain
- Digestive Disorders
- Emotional Issues
- Joint Pain
- Musculoskeletal Disorders
- Pediatric Issues
- Scar Tissue
- Sports Injuries
- Women's & Men's Health Issues

## THE NUMBERS THAT SAY IT ALL

- 23,236** Number of Barral Institute alumni
- 83** Number of countries where alumni reside
- 47** Number of countries where Barral curriculum is taught

Learn more at [barralinstitute.com](http://barralinstitute.com)  
Or call us at 866-522-7725

