Barral Manual Therapies

FACTS - THE STORY THAT TELLS IT ALL

What We Do...

The Barral Institute is a health education, training and research organization dedicated to the advancement of Visceral Manipulation, Neural Manipulation and New Manual Articular Approach manual therapies.

The Barral Institute conducts seminars nationally and internationally to educate and train healthcare practitioners in the disciplines as developed by world-renowned French Osteopath and Physical Therapist Jean-Pierre Barral.



Jean-Pierre Barral DO, MRO(F), RPT Developer

Discover Our Techniques...

Visceral Manipulation (VM)

- Gentle manual therapy that assesses the structural relationships between the viscera (organs) and their fascial or ligamentous attachments to the body's systems.
- Assists functional and structural imbalances throughout the body's systems including vascular, nervous, urogenital, respiratory, digestive and lymphatic.

Neural Manipulation (NM)

- Light-touch, hands-on treatment that releases local nerve restrictions while at the same time examines their effect on the rest of the body.
- Enhances proper functioning of the nervous system one of the body's communication highways.

New Manual Articular Approach (NMAA)

- Precise gentle engagement and soft tissue manipulation that
 applies a comprehensive approach to the treatment of the whole body and its relationship
 to the problematic joint, and not just the localized dysfunctional joint.
- Integrates all aspects of the joint including the nerve, artery, bone, capsule and ligaments, as well
 as, visceral and emotional connections.

Manual Approach To The Brain (MAB)

- A gentle manual therapy approach that addresses the brain and its associated nervous and vascular connections that have been shown to help restore 'inner bridges' within the brain.
- The structural approach is aimed at the vascular, nervous, meningeal, ocular, barometric, and cerebrospinal fluid circulation systems. The functional approach explores the senses of smell, hearing, sight, as well as language, coordination, proprioception, and emotions.

Barral Manual Therapies have been shown to help people with:

- Concussion & Traumatic Brain Injuries
- Chronic Pain
- Digestive Disorders
- Joint Pain
- Musculoskeletal Disorders
- Pediatric Issues
- Scar Tissue

- Sports Injuries
- Women's & Men's Health Issues
- Headaches/Migraines

THE NUMBERS SAY IT ALL

- **425** Visceral Manipulation, Neural Manipulation, New Manual Articular Approach, and Manual Approach To The Brain courses taught annually worldwide
- **83** Countries where alumni reside
- **50** Teachers on international instructor team
- **46** International affiliates who offer our training
- **34** Full-time employees at the institute's headquarters

Find a Barral practitioner in your area through the International Association of Healthcare Practitioners (IAHP) online directory www.iahp.com

Learn more at Barralinstitute.com
Or call us at 561-622-4334 or 866-522-7725



