Biopsychosocial Model


Tensegrity Model: manhattantoy.com Skwish – A Tensegrity Toy Invention $13.60 to $17.00 USD.

Upledger JE. Study Guides CST 1,2, SER 1,2. Upledger Institute.

**Metrics**

Tsai TC, Jha AK, Gawande AA, Huckman RS et al. Hospital board and management practices are strongly related to hospital performance on clinical quality metrics. *Health Aff (Millwood)*: 2015;34(8):1304-11

**Genomic Expression**


**Fascia**


Lesondak D. Fascia What it is and why it matters. East Lothian, Scotland: Handspring; 2018.


**Cutaneous Nerves**


Dycem: Resources Amazon.com, ebay.com, Walmart.com, ncmedical.com. $23.79+USD depending on length and width of roll. Cut into slightly larger than your hand size, Dycem can eliminate sliding on the skin and increase the effectiveness of tractioning the cutaneous nerves during fascial glide. This was not covered during the presentation secondary to time constraints.


**Technology**


CST Literature


Osteopathic Manipulative Treatment/CST


**Transgenerational Epigenetic Inheritance**

