CranioSacral Therapy Research

Pilot study of the effects of mixed light touch manual therapies on active duty soldiers with chronic post-traumatic stress disorder and injury to the head. Lauren Davis, PhD, LMT, BCTMB, Brenda Hanson, PhD, Sara Gilliam, PhD WBAAMC Affiliation at the time research was conducted. Published Online: March 26, 2015 DOI: http://dx.doi.org/10.1016/j.jbmt.2015.03.006

Interventions for preventing and treating low-back and pelvic pain during pregnancy.

Craniosacral Therapy for the Treatment of Chronic Neck Pain: A Randomized Sham-controlled Trial.


Treating the sequelae of postoperative meningioma and traumatic brain injury: a case of implementation of craniosacral therapy in integrative inpatient care.

Credibility of a comparative sham control intervention for Craniosacral Therapy in patients with chronic neck pain.


Osteopathic evaluation of somatic dysfunction and craniosacral strain pattern among preterm and term newborns.

Is craniosacral therapy effective for migraine? Tested with HIT-6 Questionnaire.

Effects of craniosacral therapy as adjunct to standard treatment for pelvic girdle pain in pregnant women: a multicenter, single blind, randomized controlled trial.

A systematic review to evaluate the clinical benefits of craniosacral therapy.

A randomized controlled trial investigating the effects of craniosacral therapy on pain and heart rate variability in fibromyalgia patients.

The use of complementary and alternative medicine by patients attending a UK headache clinic.

Effect of craniosacral therapy on lower urinary tract signs and symptoms in multiple sclerosis.

Craniosacral still point technique: exploring its effects in individuals with dementia.

The effect of oscillating-energy manual therapy on lateral epicondylitis: a randomized, placebo-control, double-blinded study.