Upledger Institute Case Study

CranioSacral Therapy – Head Injury
By: Jill Mabry

Personal
   Age: 68
   Sex: Female

History
   Symptoms
   Left Parietal pain 7 to 10 all the time
   Noise intensifies pain and creates dizziness
   Luggage from an overhead on a plane fell on her head

Pertinent medical history
   8 months of multiple doctor visits, MRI and medication with
   no change in pain

Evaluation
   Findings
   Any touch at O/A elevated pain at point of injury on head
   Minimal CSR at Left Frontal, Parietal, Sphenoid and Temporal

Tools you used
   CST and LDT

Subjective results
   Patient said these sessions are the only relief she has had

Objective results
   Pain levels went down one to two points after each visit.
   Each session continued to release tissue tension and inflammation
   Patient receives 8 sessions once a week, 2 sessions bi-weekly
   and currently holding with no pain

Average length of sessions
   One hour

Number of sessions
   10

Cost of therapy prior to CST use
   Information not available to me

Cost of CST therapy
   $135 per session x 10 = $1,350.00