Upledger Institute Case Study
CranioSacral Therapy – Low Suck During Nursing
By: Jill Mabry

Personal
Age: 2 ½ months
Sex: Female

History
Symptoms
Mother said baby has low suck

Pertinent medical history
2 Visits to Pediatrician and 3 visits to Lactation Consultants

Evaluation
Findings
Torso Right side bend
O/A compression
Compressions of CN IX, X, XI at Occiutal/mastoid suture
Compression of CN XII at Intra-Oral Mandib. sweep

Tools you used
Pediatric CST

Subjective results
During visit mother nursed baby and baby began to suck stronger

Objective results
Torso held midline
O/A softened
Release of Occipital/mastoid suture
Oral sweep softened tissue under tongue
Showed mother Ear Pull Technique

Average length of sessions
One hour

Number of sessions
One

Cost of therapy prior to CST use
Information not available to me

Cost of CST therapy
$135