

D'Ambrogio Institute

FACTS – THE STORY THAT TELLS IT ALL

What We Do...

The D'Ambrogio Institute (DAI) is a health education training and research organization dedicated to providing treatment using three key elements: evaluation, principle-based treatment and re-evaluation.

DAI conducts seminars nationally and internationally to educate and train healthcare practitioners in the proper techniques developed by Kerry D'Ambrogio, DOM, AP, PT, DO-MTP.



Discover Our Techniques...

Total Body Balancing (TBB)

- Total body evaluation is performed using **ARTS**: Asymmetry, Range of Motion, Tension Tests, Special Tests.
- 5-phase therapy treatment approach releases lines of tension and balances the nervous system.
- TBB long lever rhythmic mobilization influences multiple body systems.

Lymphatic Balancing (LB)

- Evaluation and treatment of orthopedic issues that involve excess fluid, swelling, fluid stagnation or lymphedema.
- Total body and local approach uses both short and long lever lymphatic pumping and fluid mobilization techniques.
- Simulates gentle, specific, wave-like movements to stimulate fluid motion and to encourage re-circulation of the venous and lymphatic flow.

Muscle Balancing (MB)

- Evaluation and treatment of protective muscle spasm.
- Involves positioning the muscle indirectly into a position of comfort in 1, 2 or 3 planes of motion.
- Inhibits muscle spindle facilitation.

Fascial Balancing (FB)

- Evaluation and treatment of fascial tension.
- Mobilization of the fascial tension in 1, 2 or 3 planes of motion.
- Incorporates both short and long levers to augment release.

Joint Balancing (JB)

- Evaluation and treatment of joint hypomobility or stiffness.
- Positioning is utilized in 1, 2 or 3 planes, along with gentle isometric contraction.
- Relaxes and lengthen the hypertonic muscles and normalizes joint dysfunction.

ABOUT THE DEVELOPER

Kerry D'Ambrogio, DOM, AP, PT, DO-MTP

- Internationally recognized lecturer, author, physical therapist, osteopath and board-certified acupuncture physician.
- Has taught in more than 20 countries worldwide.
- Certified instructor with the International Alliance of Healthcare Educators.
- His integrative blend of Eastern and Western medicine is the key to unlocking perplexing pain issues.
- Core philosophy is to train practitioners to incorporate the most effective treatment strategies to obtain optimal client outcomes.



Learn more at dambrogioinstitute.com or call us at 800-311-9204

