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✓ ok  
AM

CASE STUDY #1

ML

DOB: 1/13/37

Gender: Female

Occupation: retired R.N.

ML had her L breast removed and reconstruction surgery at the time of her mastectomy in 5/2000...she thinks all nodes were removed. Prior to surgery she was given AC and Tomoxifin. The Tomoxifin did not help. She has been on Herceptin every 3 weeks beginning in the fall of 2000 to the present time. She had a lump on her R breast which was biopsied and only had radiation treatment.

Her scars do not bother her. When I began working with ML in 2/08 her affected hand was larger than her R, she had a ridge at her wrist and her forearm was a bit fibrotic. She also had a 'pocket' of lymph above her elbow medial and on her chest medial and inferior to her axillary

Her treatment consists of opening her Clavicles, R axillary nodes, thoracic duct, deep abdominal nodes and L inguinal nodes and retraining her lymph to move from the L arm to her L inguinal nodes and across her back to her R axillary nodes.

Her wrist 'ridge' is gone, her hands are the same size now and she no longer needs to buy two pair of gloves. And her fore arm has softened and 'pockets' are no longer visible, tender or bothersome. Her lymphedema has reduced with MLD. She has refused bandaging.

ML wears a sleeve and I see her every two weeks.

Measurements and photo attached.

