

Post-surgery Head Pain and CranioSacral Therapy

By: Nikki Campbell

Personal Information: Male, 62 years old

History: Intense head pains after operation for acoustic neuroma 3 years previously. Treatment on National Health Service so far - but did not include any therapy only drugs for pain relief.

Evaluation: Muscles on left side of head and neck very short after operation. Scar tissue around operation site. Left temporal compressed and OA extremely tight. Temporals and parietals out of balance. Concentrated on OA and temporals decompression. Also fascial glide on operation site, lots of dural tube work and direction of energy on operation scar. Unwound neck.

Objective results: Whole area of OA and left side of head and neck loosened up. Cranium more balanced and membrane system looser. Patient brighter, lighter and attempting to do things he had not been able to do for a long time such as decorating. Can now do these things without risking pains. Patient not taking any drugs any more.

Subjective results: Pain reduced by 99%. Reported occasional slight pain at night; but not bad enough to take any pain relief. Increased energy levels and less restrictions on his life.

Average length of sessions: 1 hour

Number of sessions: 4