

Dear Jean Pierre~

I want to write you a thank you note.

You see, visceral manipulation (the listening skills in particular) saved one of my best friend's life. Here's the story:

On Monday September 29<sup>th</sup>, my friend delivered two, gorgeous babies via cesarean section- one boy and one girl. Everything seemed to be going fine, except that my friend's back was hurting her and she was swollen.

The staff at the hospital couldn't find anything wrong. Her blood panels looked great and they decided that the hospital beds were the cause of her back pain. By Thursday, everybody thought it would be best for her to go home.

My friend contacted me right away. She wanted me to come over as soon as I could because she knew that I'd be able to help her with her back. I cleared out my schedule and went over to her house the very next morning.

Here's what I found:

- She was so swollen. Yes, while, everyone was excited to see the babes, no one was seeing the swelling on momma. Her hands and feet were at least twice the size of what I had remembered before delivery.
- She was having involuntary shaking. Granted, her body had been through a lot, but it just didn't seem right that she would go into these shaking spasms.
- Upon listening, I was pulled into her lung. There was a deep, fixed spot in her lung that was really striking to me. Her body didn't push me off- so I started working. Nothing changed. I tried emotional techniques, I tried physical techniques, I tried only what felt right in the moment- and nothing changed.

Something about the fixed sensation and my observations was alarming to me. I called her doctor and left a message relaying that I was very concerned about a pulmonary embolism.

Three hours later, I received a phone call from my friend's mother-in-law. They had taken her in for a CT scan and found 4 clots in the exact area that I had found. They re-admitted her to the hospital and started administering blood thinners while carefully monitoring her.

In the end, visceral manipulation saved her life.

There are so many lessons in this story that I'm only just beginning to process.

1. LISTEN. I didn't really apply any fancy techniques here. Mostly, I listened. I listened to the pull, I listened while I worked and I listened and stopped when there was no change.
2. Trust your intuition. I am so proud of my friend for reaching out for help. She knew something was wrong even though she was blaming the hospital bed for her pain. And, I'm really glad that I acted on my intuition and trusted my listening.
3. Refer when necessary. I know I scared Julie a little bit when I called her doctor. I knew that her next check-up was in two weeks and it just seemed too far off for what I was observing. In hindsight, I am so grateful that I made that call.

So, Jean Pierre- you've been in my thoughts lately. Without you and your work, how you inspire people and how you teach people, my friend wouldn't be here.

Because of you, there is a family in Boulder, Colorado who is so grateful. They've got two beautiful babies, a big brother, a proud papa and now they've got their momma on the mend.

From the bottom of my heart, thank you, *thank you*, THANK YOU.

Love,  
Kristin Savory. L.Ac.