**Barral Institute Case Study**
**Visceral Manipulation - Scoliosis and Back Pain**
**Gugi Decher, LMT**

**Patient Age / Gender**
Female, 50 years old

**Patient Symptoms**
Spontaneous scoliosis at age 27. She came in for back pain, was referred by her RPT. Scoliosis was considered untreatable; pain relief for back was good.

**Evaluation / Treatment**
General Listening pulled toward left hip/posterior aspect. Tissues in this area were flattened, immobile, restricted. Patient couldn’t remember any injury here until later, when she recalled a serious fall at age 20. Once she remembered, tissues began releasing. We used connective tissue massage for the posterior hip, and Visceral Manipulation around the left psoas and sigmoid.

**Outcome**
After three sessions, back pain had decreased. Spine could lay straight while NWB. Patient reported feeling taller.