

Barral Institute Case Study

Visceral Manipulation – Digestion problems/Constipation

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Therapist: Joanne Enslin de Wet, BSc Physiotherapy (Wits), BSc (Med) (Hons) Sport Science UCT, MSc Exercise Physiology Boston University USA

Patient: Male, 28-year-old financial advisor

Reason for coming: Sent from his physiotherapist in Durban. Has chronic problems with his digestion and sharp pain in his left epigastric area. Lack of appetite, constipation.

Evaluation:

He had hepatitis A 8 years previously. He had previous visceral treatment with his physiotherapist in Durban. His abdomen was distended and difficult to palpate his intestine and stomach.

General Listening: The patient had an emotional listening.

Manual Thermal Evaluation: There was an intense heat projection over his left kidney and DJ flexure. Heat was also projecting from his right occipital.

Local listening: I was attracted to his left kidney and DJ flexure. He had a second degree ptosis.

Treatment:

I started with treating his DJ flexure first in sitting and then in side-lying. I then continued to treating his left kidney. I had an attraction to his left triangular ligament, tail of pancreas. I did a double induction with kidney – liver, kidney-spleen, kidney –D-J flexure.

There was a small improvement of motility of his left kidney.

I then performed the “landing the plane” technique, one hand on the right frontal region, 30 cm off the body and the other hand over his left kidney.

I then did the viscerosomatic technique with one hand on the fronto parietal and did the fishing, hooking and storming steps related to his left kidney.

At the sagittal suture I did an emotional listening. The arrow turned at the age of 21 years of age and then when back to his early childhood before the age of 5. I performed an emit and release technique.

I asked him about the age of 21. He said it was a very specific time in his life when he was confused when doing his tertiary education. His father was never around in his childhood, and at the age of 21 his father was never around and he was searching for a mentor. It was a very troublesome and painful time in his life.

Results and Follow-up

He was amazed the time line was so specific. There was a vast improvement in the motility of his left kidneys and both kidneys motility. He felt very relaxed and was having a second treatment over the weekend as he had flown from Durban to Johannesburg.

