

Barral Institute Case Study

Visceral Manipulation – Sciatica

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Therapist: Joanne Enslin de Wet, BSc Physiotherapy (Wits) , BSc (Med) (Hons) Sport Science UCT, MSc Exercise Physiology Boston University USA

Patient: 45-year-old female

Reason for coming: Severe Sciatica down her right leg into her calf

Evaluation:

The patient had been to numerous chiropractors, physiotherapists, energy healers, M. D's, prolotherapy, acupuncture etc with no help. She was battling to sleep.

General Listening: The patient had an emotional listening.

Manual Thermal Evaluation: There was intense heat from her bladder, uterus and cervix area in the right frontal pelvic region. The heat projection was 30cm off the body, an emotional projection.

Local listening: My listening went to her right cervix, right broad ligament, right pubo vesical ligament.

Treatment

I started with treating her right broad ligament and was attracted to her bladder. I treated her pubovesical ligament and then treated the uterus and bladder with a double induction technique. The motility of her bladder and uterus was reduced, and more so on her right. I worked on balancing the bladder and uterus motility.

My listening attracted me cervix internal technique which I suggested to the patient, but then she told me she had been sexually abused and she was not too comfortable with this type of treatment.

I connected her right cervical area of her uterus with her right frontal area which was projecting heat with the process of emit and receive and "landed the plane". I felt the two areas connecting and finally releasing.

I then did an emotional listening and the listening took me to a chronological age of 4. The image on the screen appeared as a small child in a dark school setting with no friends around her. The image was one of aloneness. This image moved to lightness and movement

I shared the images with the patient. She said she had always felt alone and unsupported. She had been sexually abused by an uncle she thought at the age of 6, but it may have been earlier. On reevaluation MTD had markedly reduced over the pelvic area.

Results and Follow-up

In the next 4 treatments the sciatica resided and she was painfree. The patient had reduced nocturia and was feeling generally less anxious and sleeping better.